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The following relationships exist related to this presentation:

BD Biosciences, Salary, Consultant

Prospects for New Clinical Flow Cytometry Assays

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FDA-approved cellular immunity tests

Quantiferon TB - IFNg release assay for T cell response to TB
T-Spot TB ELISPOT test





- Do give evidence of a cellular response to the antigen, i.e., previous exposure
- Don't demonstrate protection from disease
- Don't distinguish active from latent disease

What else we would like to know

- QUANTITY of T cells specific for antigen:
 - Functional and non-functional
- QUALITY of T cells specific for antigen:
 - Breadth of epitopes recognized
 - Types of cytokines that can be produced
 - Degranulation or lytic capacity of T cells
 - Phenotypic markers on the T cells:
 - Memory/effector markers (CCR7, CD45RA, etc.)
 - Markers of exhaustion (e.g., PD-1)
 - Perforin, granzymes, etc.

Why flow cytometry?

- Measures multiple markers on individual cells
- Can detect rare cell populations
- Can see both phenotypes and functions







Maecker et al., 2005, BMC Immunol 6: 13

ICS: HIV response monitoring



Nomura et al., 2006, AIDS Research & Therapy 3: 18

- Measure phosphorylation events in very shortterm stimulated whole blood, PBMC, etc.
- Can measure multiple cell-surface and intracellular markers in combination, using multiparameter flow cytometry
- Can detect signaling events through T cell receptors, surface Ig, cytokines, etc.
- May detect signaling defects in aging or immune-mediated diseases



Phospho-flow defects in elderly



Shen-Orr et al., manuscript in preparation



Data courtesy of Garry Nolan, Stanford University

So why isn't everyone doing it?

- Assays are technically demanding
 - Require specialized equipment and training
 - Need for standardization for meaningful results
 - Sample handling logistics can be difficult
- Financial constraints

Choices and sources of variability



Conclusions

- Clinical tests for cellular immunity are largely lacking
- Flow cytometry is a powerful technology for dissecting cellular immune responses
- There is promise that flow cytometric assays could be useful in infectious diseases, autoimmunity, and other areas
- Simplification and standardization of methodology will be necessary to create clinically useable tests