

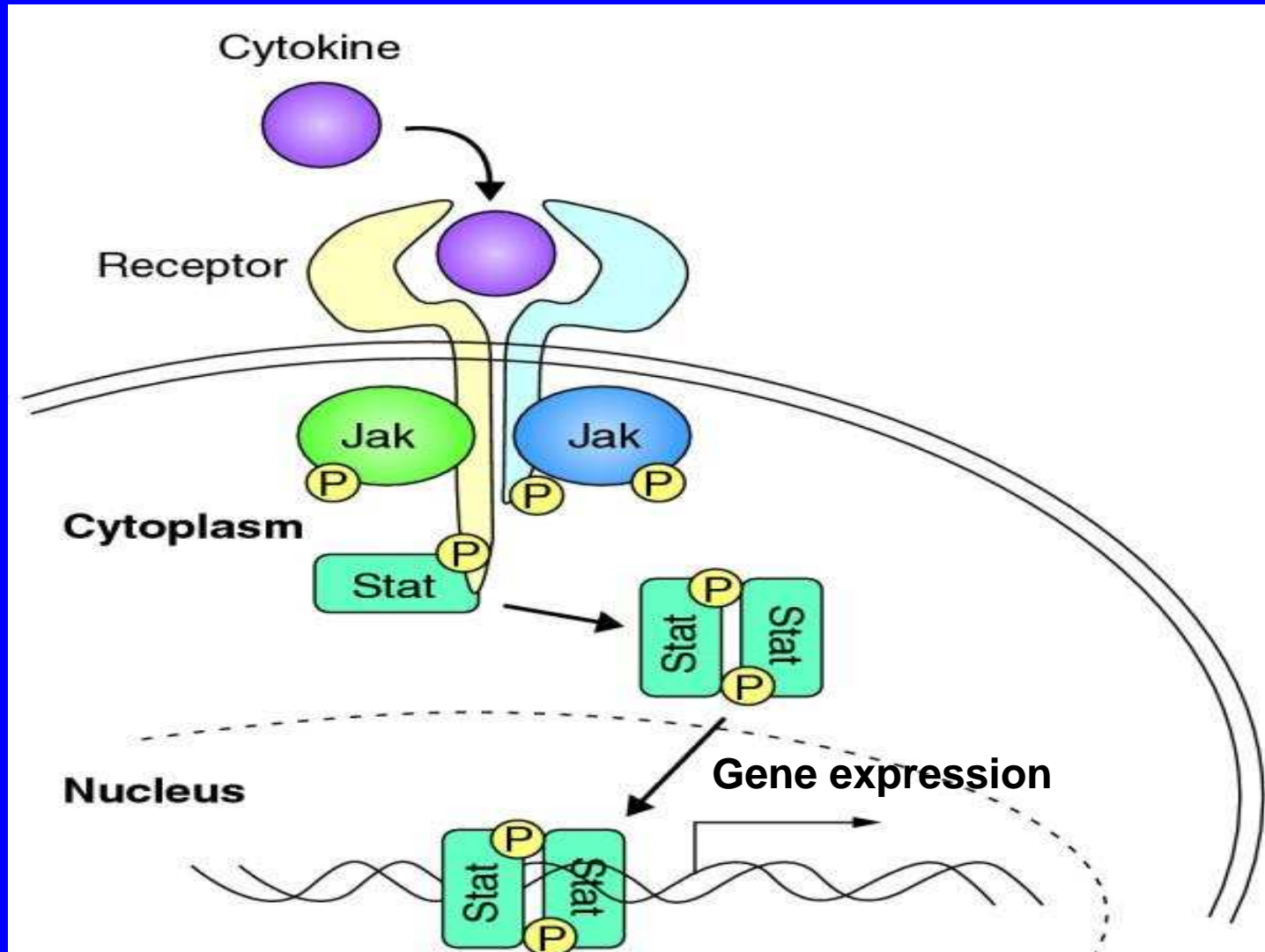
# Immune Potentiating Cytokines

Howard L. Kaufman, MD

# An Introduction to Cytokines

- General mechanisms of action
- FDA-Approved Cytokines for Cancer Immunotherapy
  - Interferon- $\alpha$ 2b (Intron-A)
  - Pegylated interferon- $\alpha$ 2b (Sylatron)
  - Interleukin-2 (Proleukin)
- Other Cytokines in Development

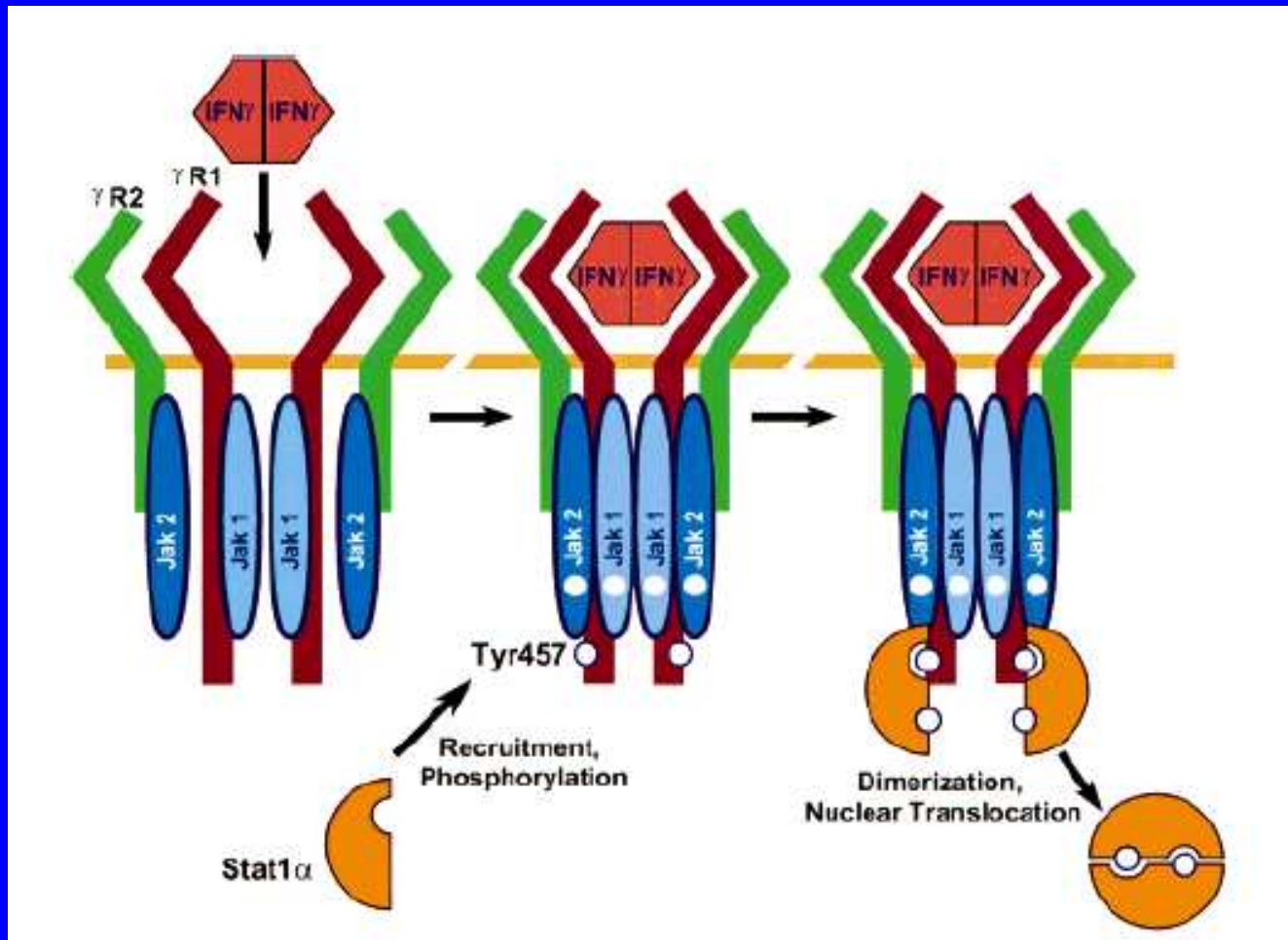
# General mechanism of cytokine signaling



# Interferons

- Type I
  - $\alpha$ : from neutrophils, m
  - $\beta$ : from fibroblasts, epithelial cells
- Type II
  - $\gamma$ : from T, NK cells
- Immunomodulatory effects
  - MHC class I/II upregulation
  - Modulation of T/NK cell cytolytic activity
  - Modulation of macrophage/DC function
  - Decreased Treg/increased Th1
  - Inhibition of angiogenesis

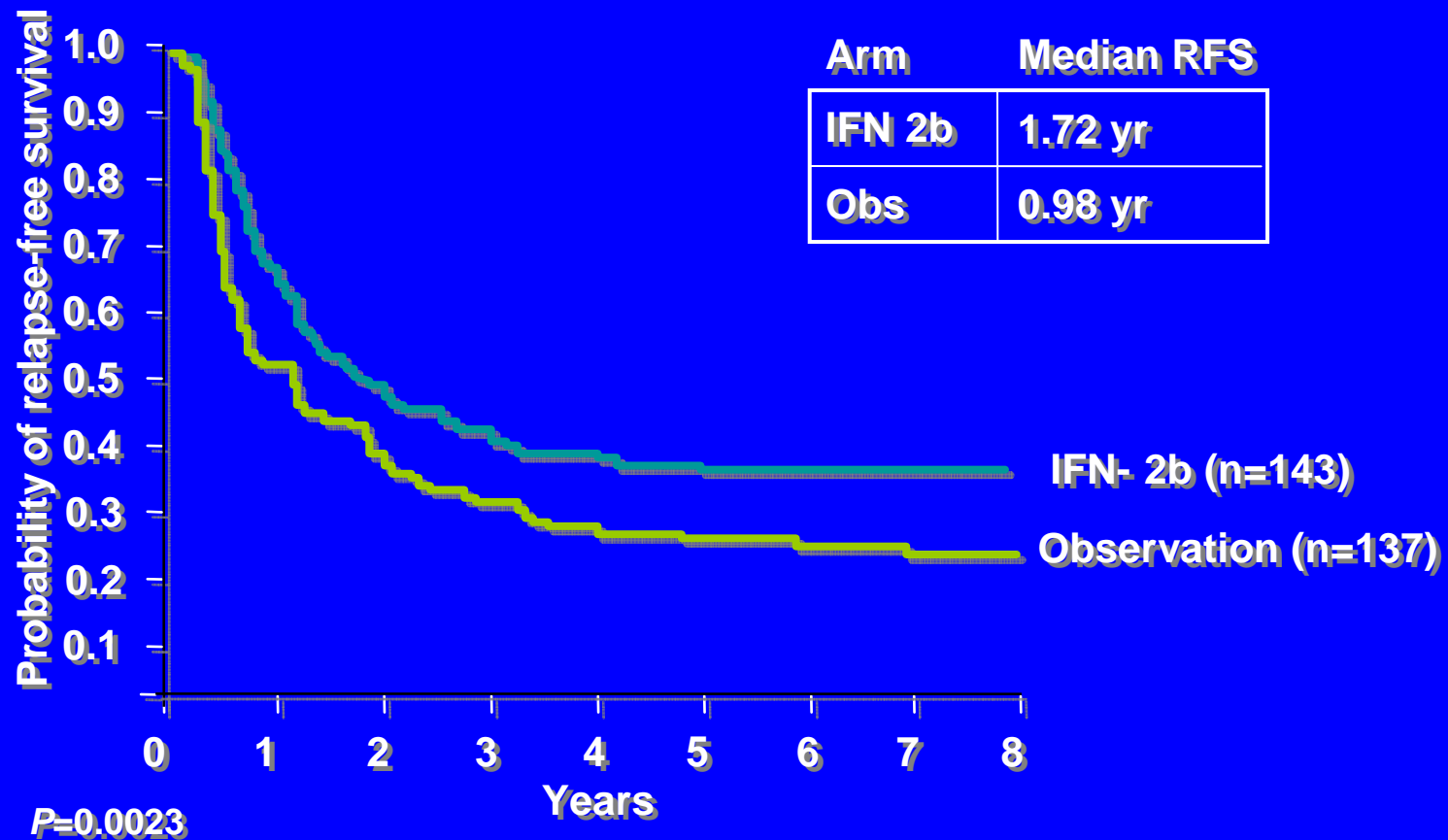
# Interferon Signaling



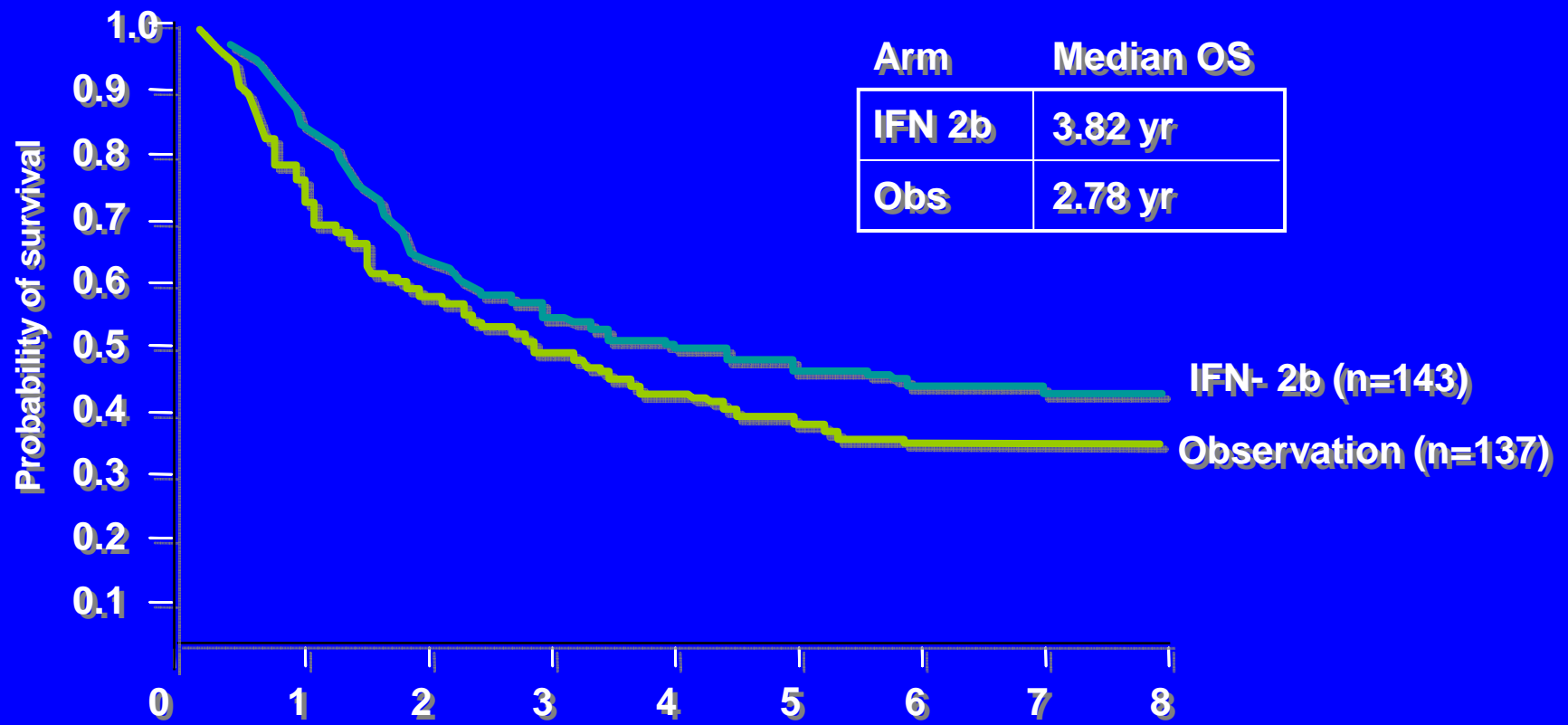
# Interferon Administration

- Induction Phase
  - 20 Million Units/m<sup>2</sup> IV Monday through Friday for 4 weeks
- Maintenance Phase
  - 10 Million Units/m<sup>2</sup> SQ M-W-F for 11 months
- Dose reductions or discontinuation for toxicity

# E1684: Estimated Relapse-Free Survival



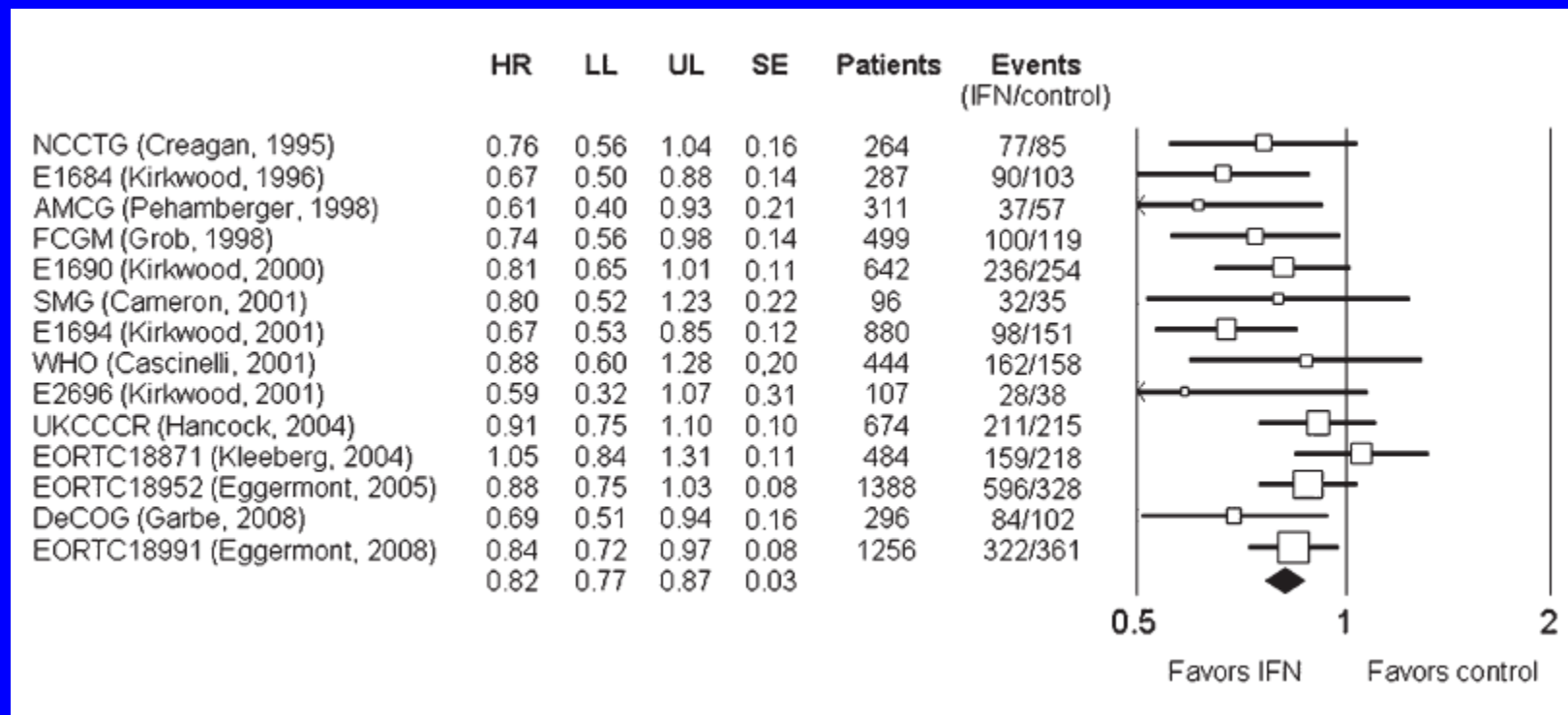
# E1684: Estimated Overall Survival



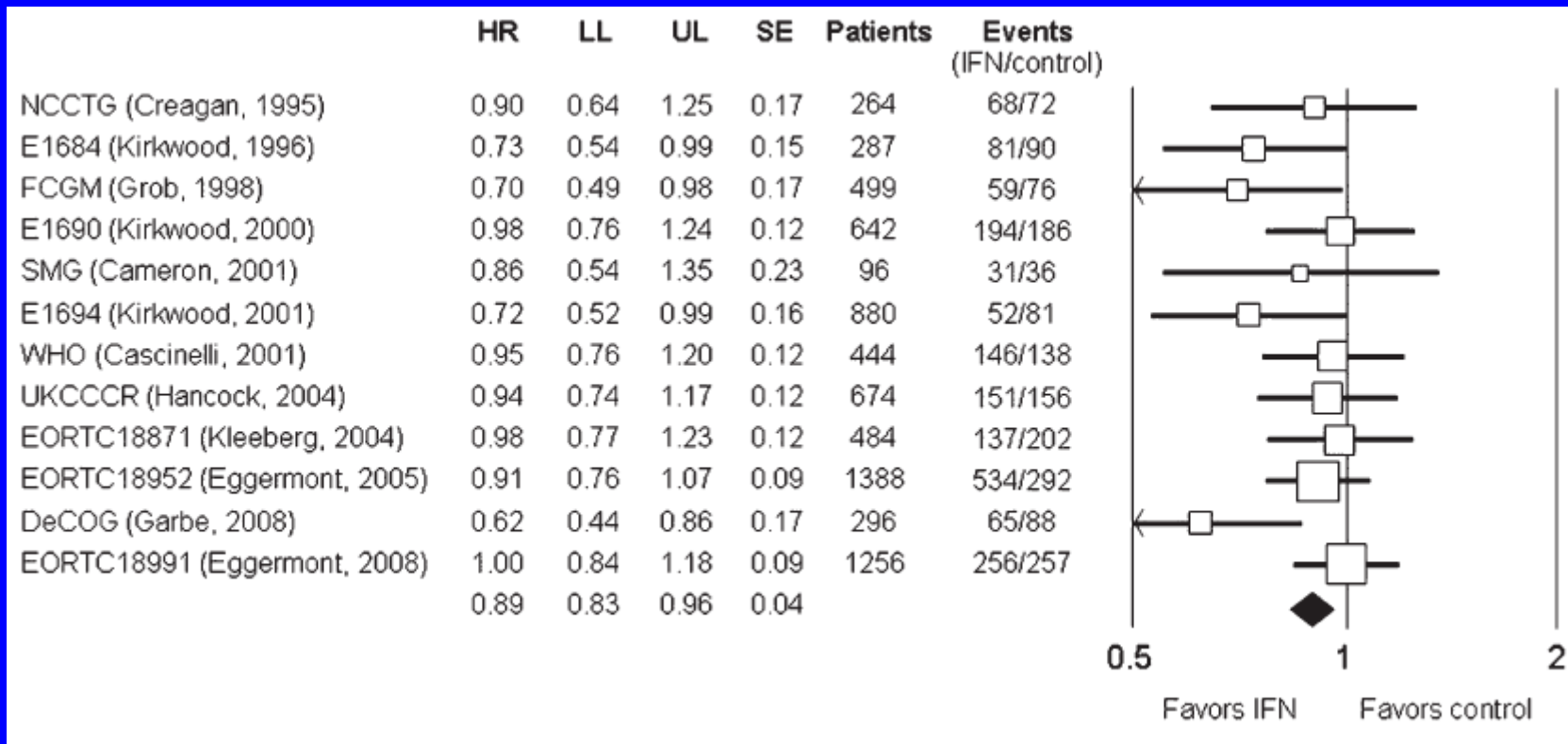
$P=0.0237$



# Meta-analysis of IFN effect on DFS



# Meta-analysis of IFN effect on OS



# Common Interferon Toxicity

- Flu-like syndrome      Acetaminophen/benadryl
- Fatigue      Dose reduction, if severe
- Cytopenias      Dose reduction, if severe
  
- Increased LFTs      Dose reduction, if severe
- Weight loss      Dose reduction, if severe
- Alopecia

# Less Common Interferon Toxicity

- Nausea/vomiting
- Diarrhea
- Hypotension

Anti-emetics

Anti-diarrheals

Fluids, dose reduce

- **Depression**
- Cough
- Dry mouth
- Skin rash
- Irritability

**Anti-depressants**

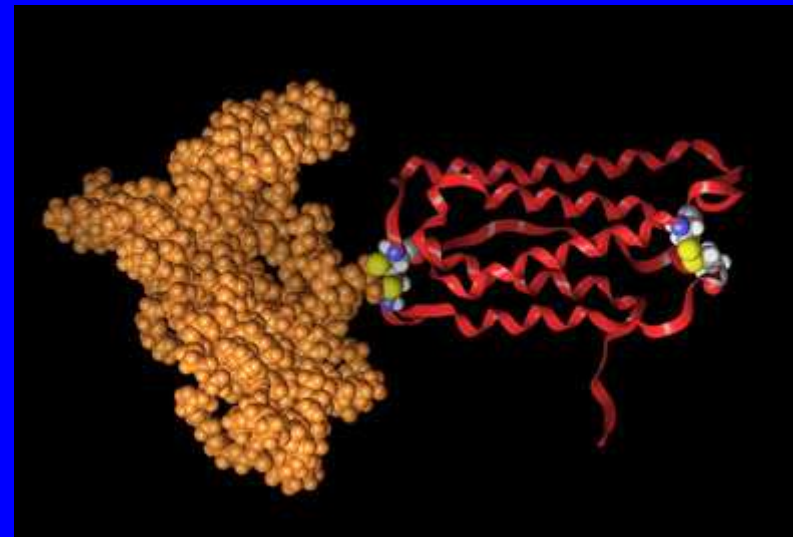
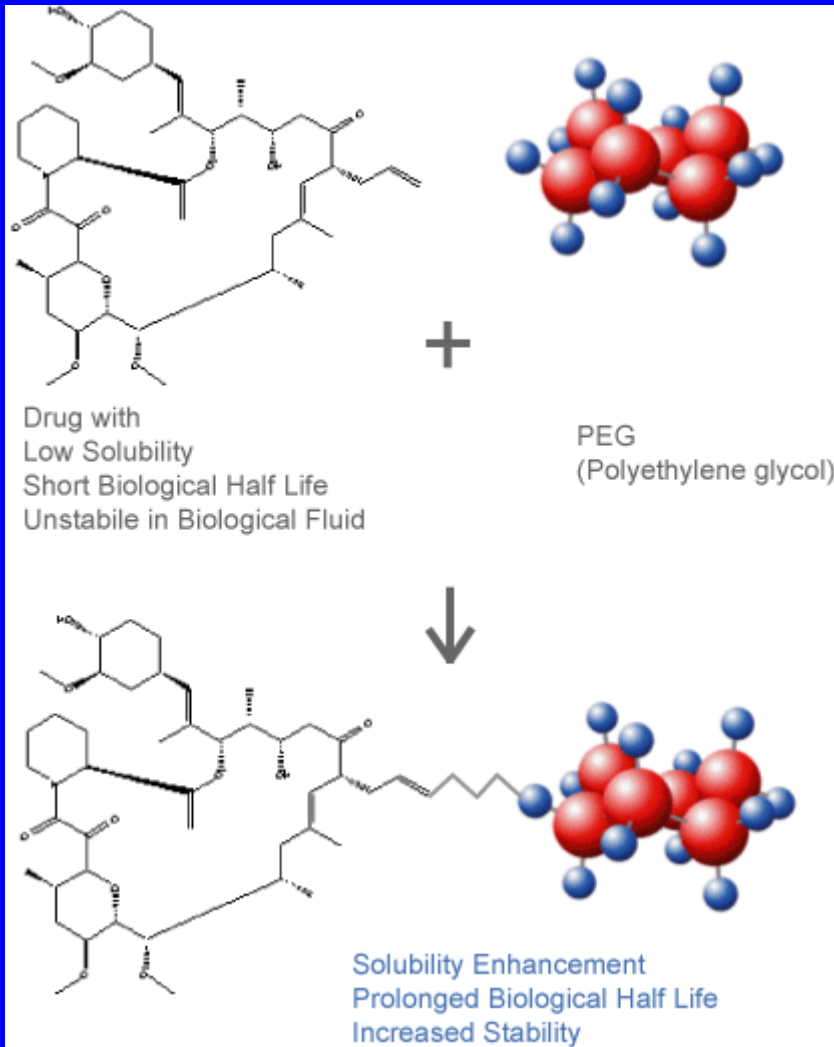
Symptomatic

Fluids

Moisturizers

Dose reduce

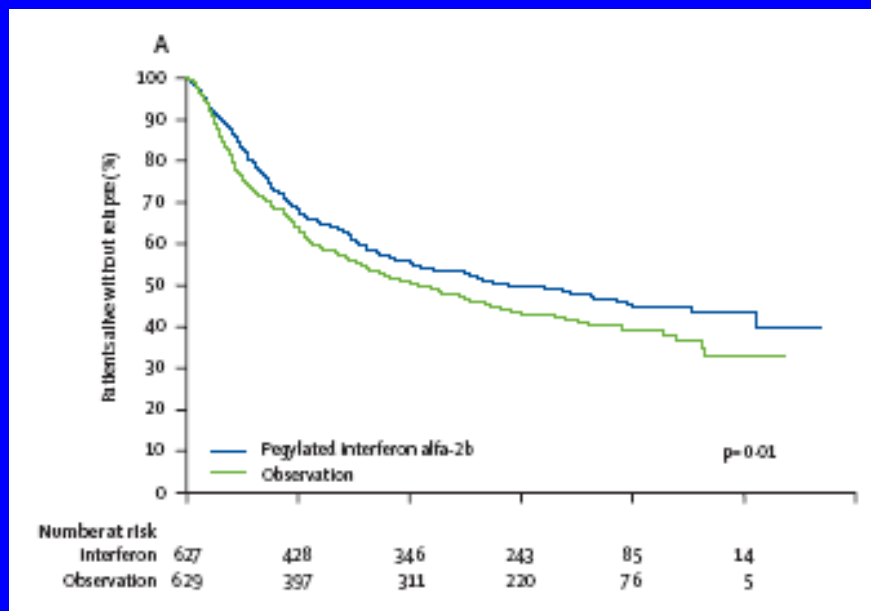
# Pegylated Interferon



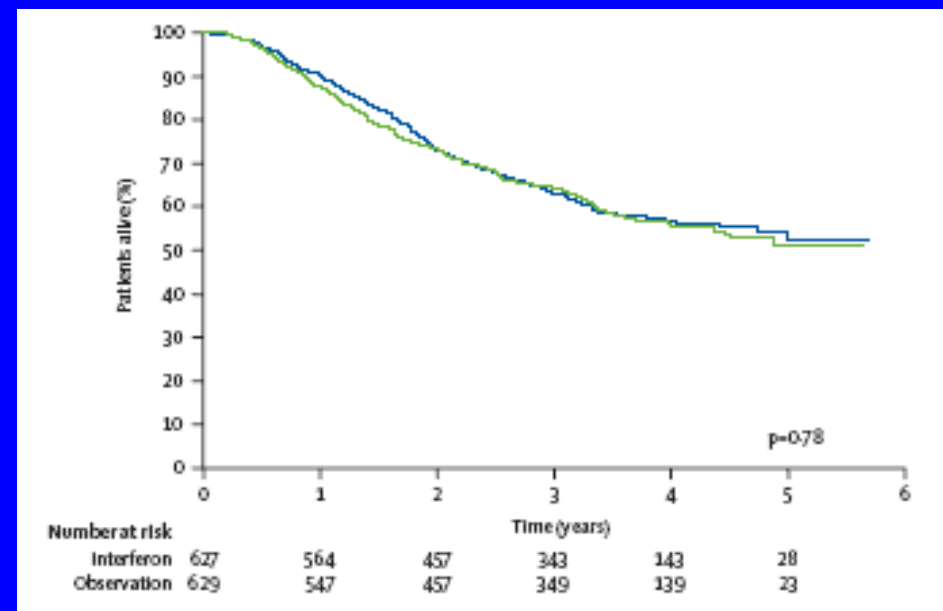
# PEG-Interferon Administration

- Induction phase
  - 6 mcg/kg SQ weekly for 8 weeks
- Maintenance Phase
  - 3 mcg/kg SQ weekly for up to 5 years
- Dose reduction or discontinuation for toxicity

# Pegylated IFN vs. Observation in Resected Stage III Melanoma

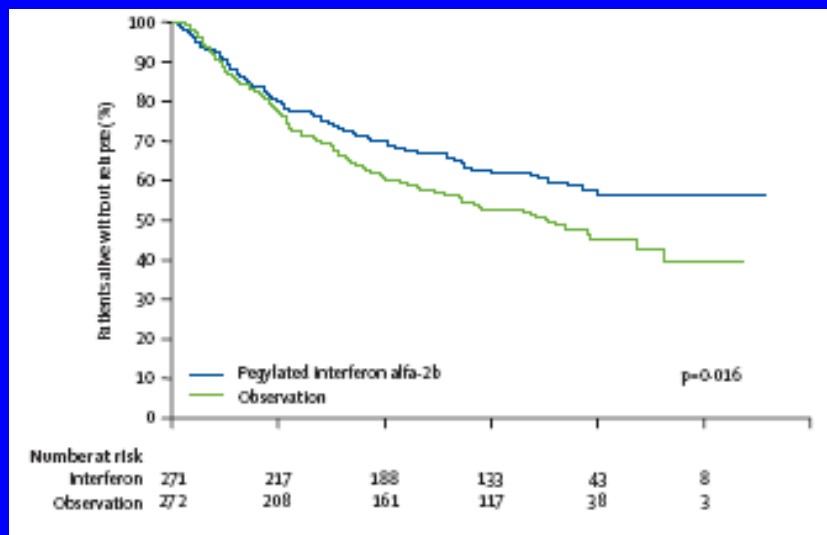


Recurrence-free Survival

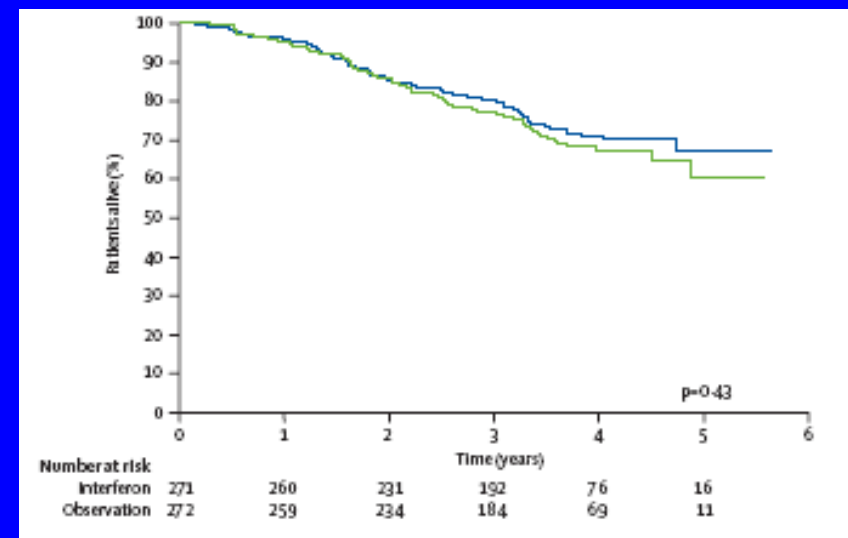


Overall Survival

# PEGylated IFN in N1a Disease



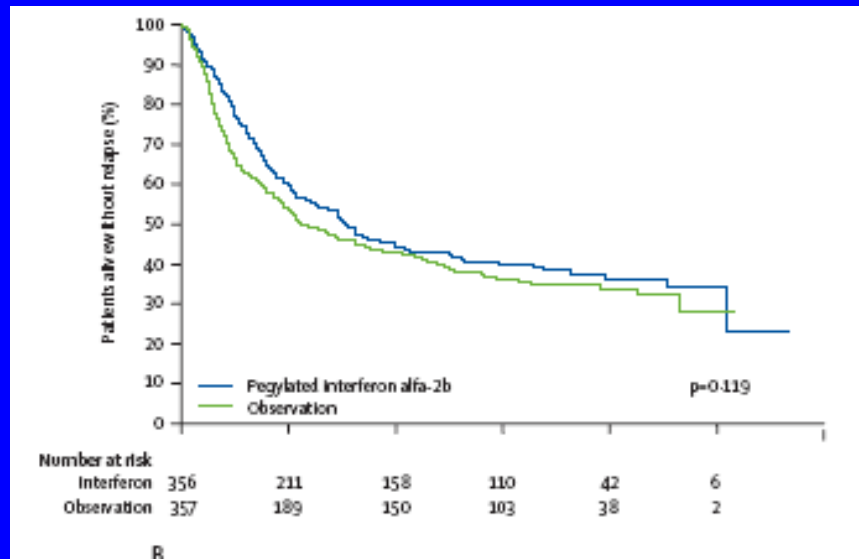
Recurrence-free Survival



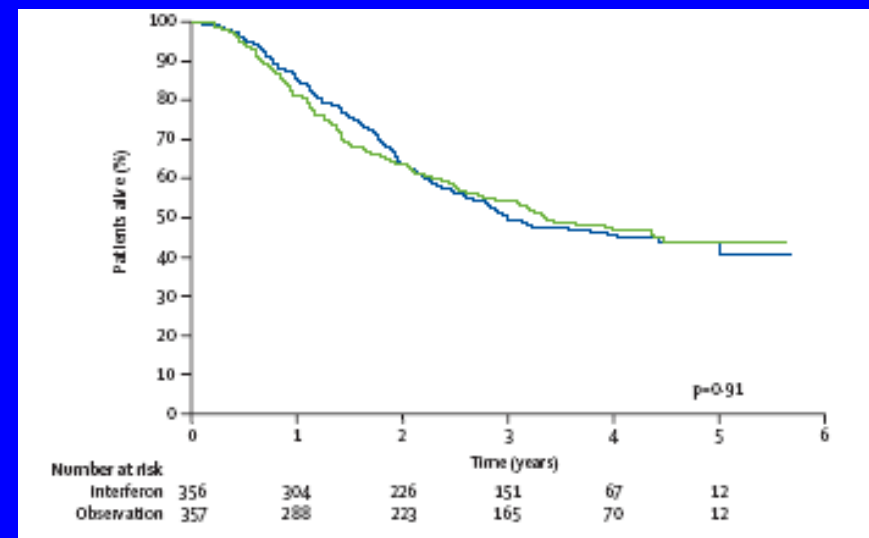
Overall Survival



# PEGylated IFN in N1b Disease

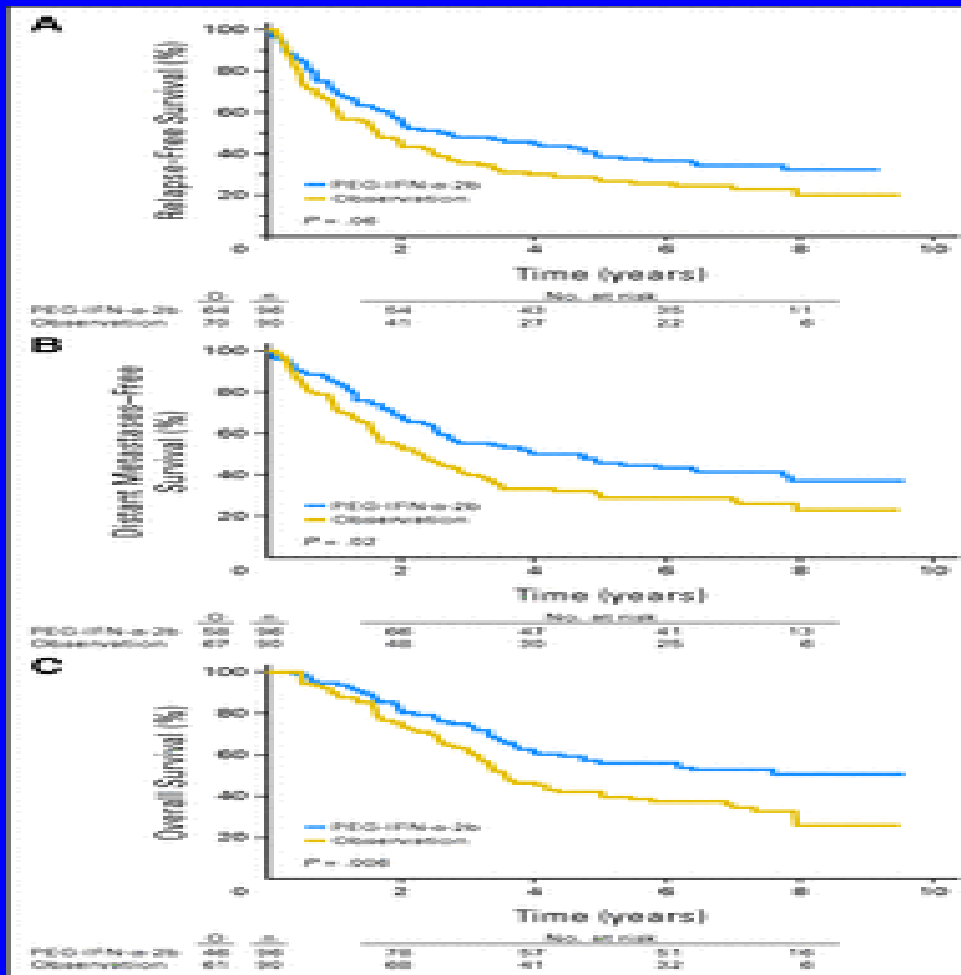


Recurrence-free Survival



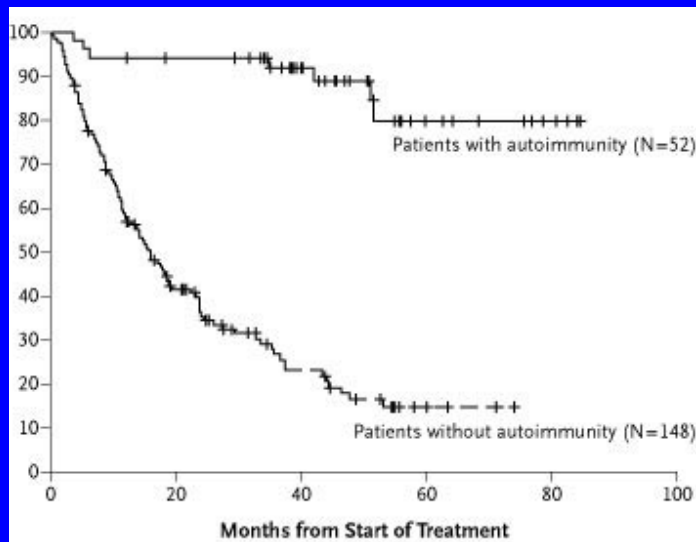
Overall Survival

# PEGylated IFN in patients with ulcerated primary melanomas

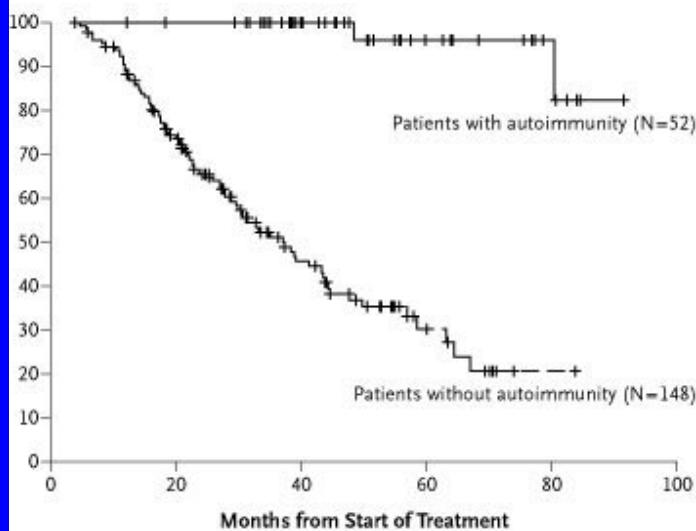


# Induction of autoimmunity correlates with survival in IFN- $\alpha$ treated patients

Relapse-free Survival



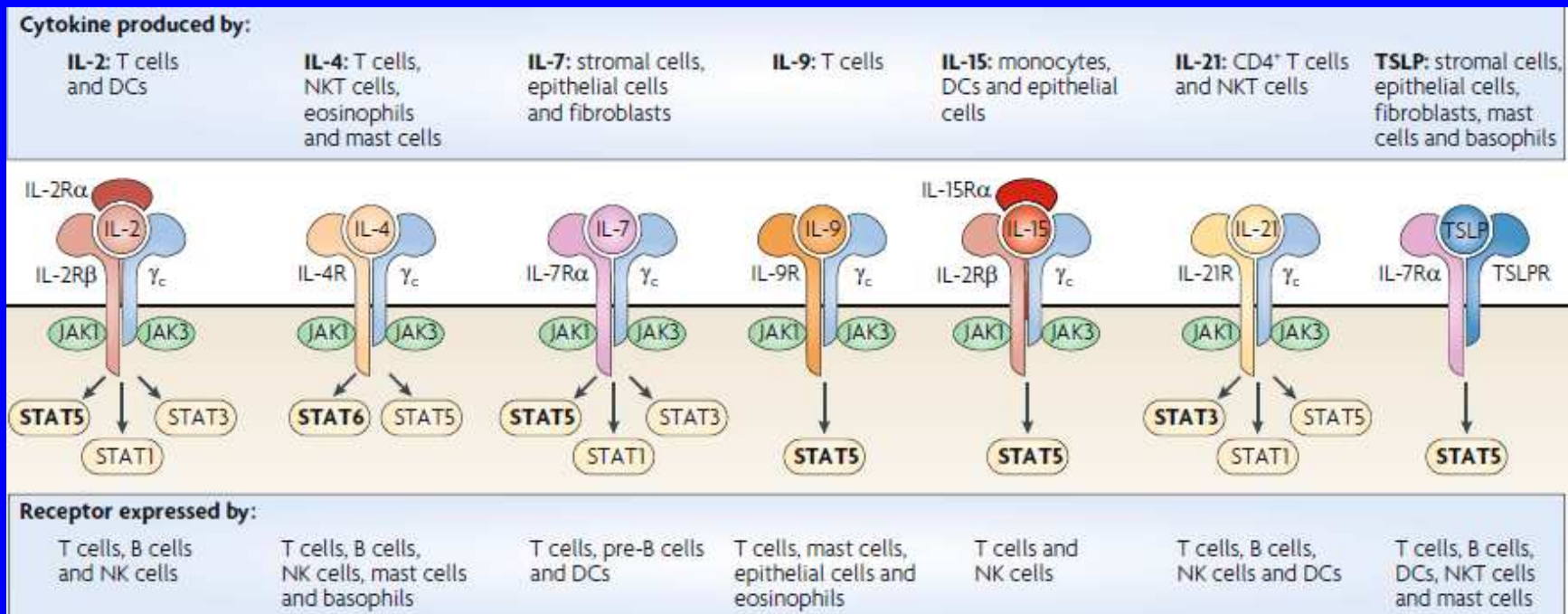
Overall Survival



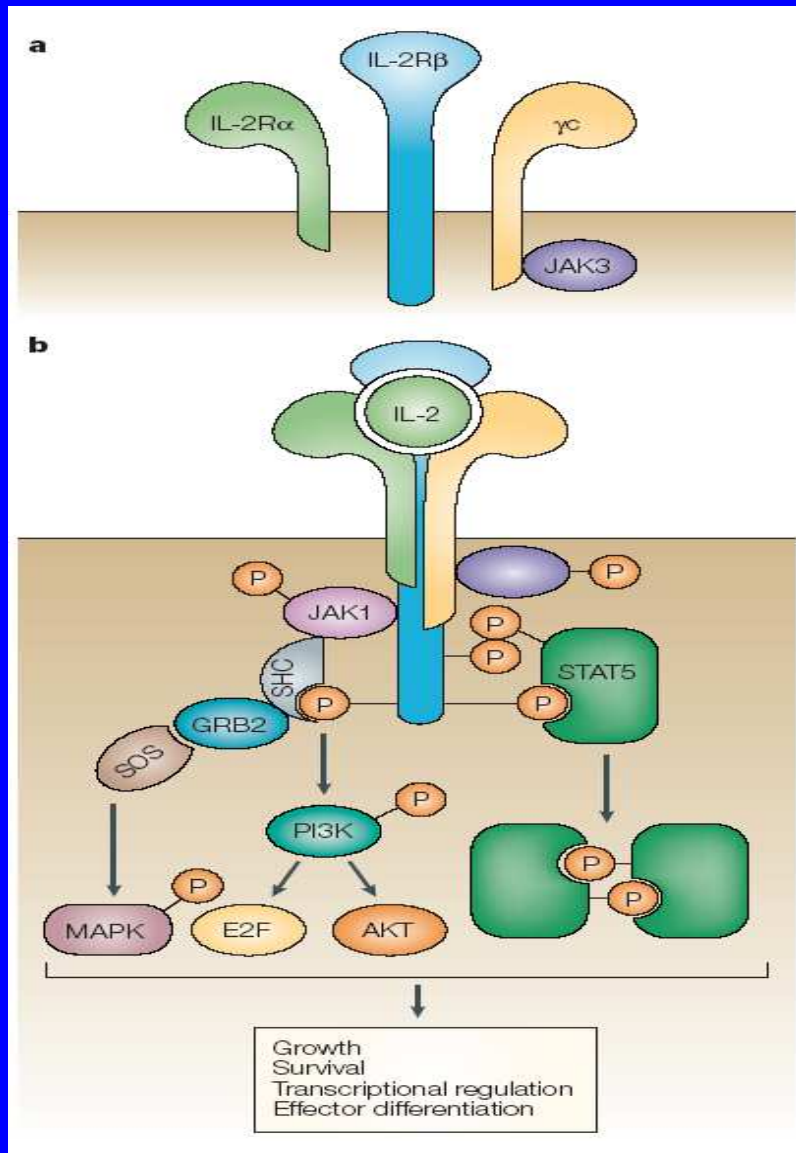
# Interleukin-2 (IL-2)

- Natural biologic immunomodulatory agent
- T cell growth factor
- Proliferation of T cells and NK cells
- Promotes the killing activity of these cells
- Powerful anti-tumor effects in animal studies
- Extensively evaluated in patients with cancer
- FDA approved for metastatic renal cell in 1992
- FDA approved for metastatic melanoma in 1998

# Interleukins and Their Receptors

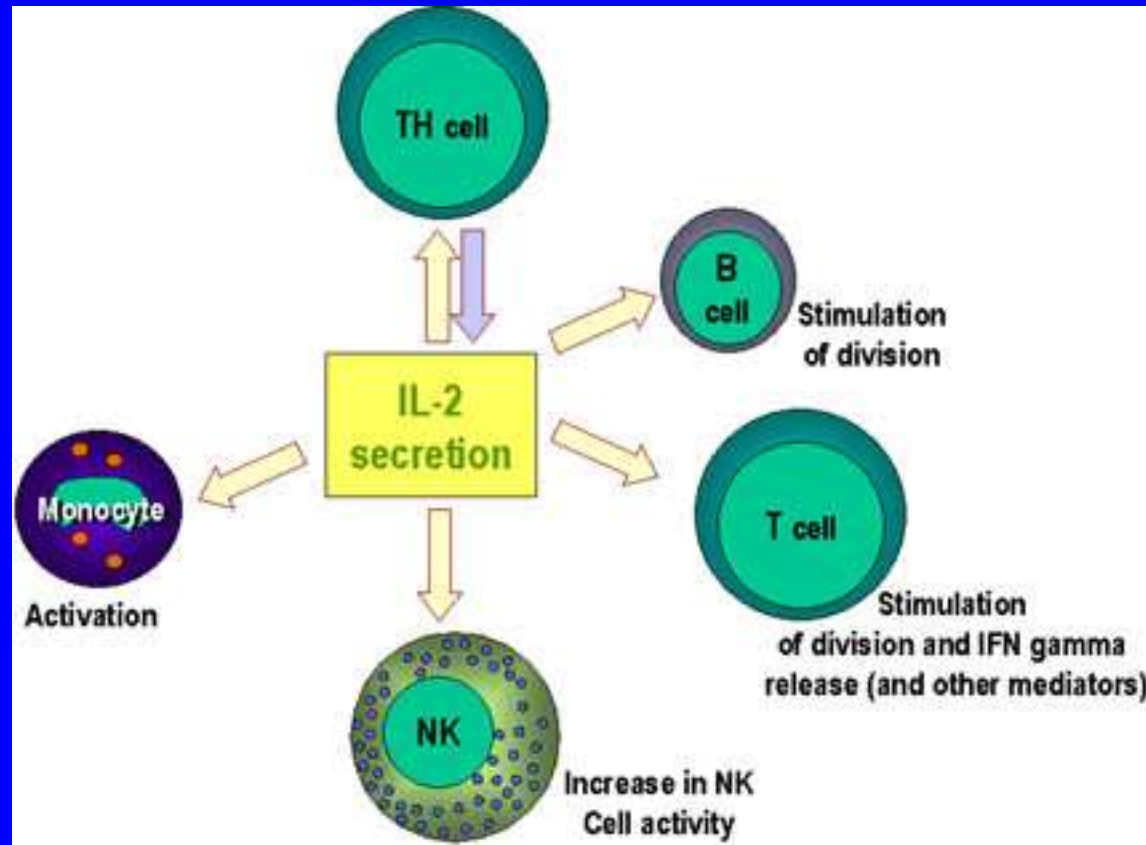


# IL-2 Receptor

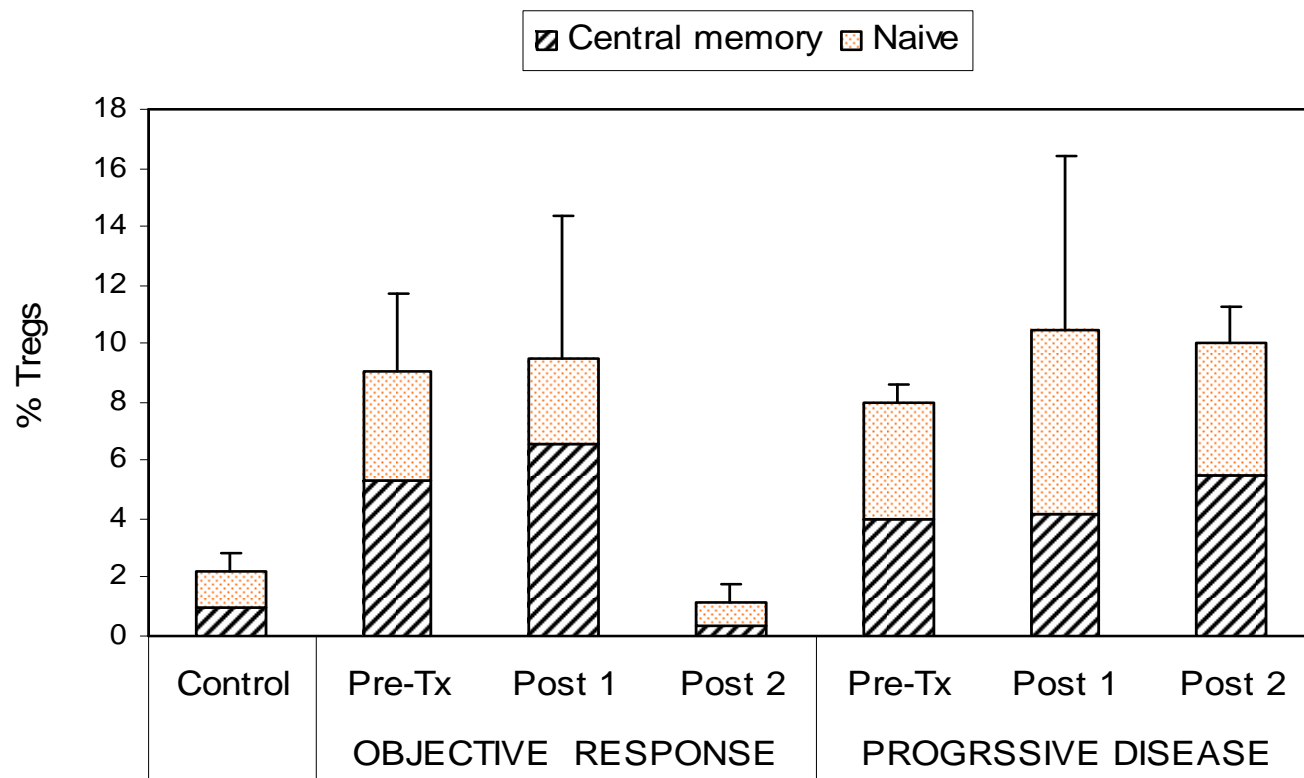


- Binds  $\gamma_c$  chain
- Forms heterotrimeric complex
- Signals through JAK and STAT chains
- Induces T cell growth and promotes survival

# Mechanism(s) of IL-2 anti-tumor activity



# Tregs exhibit a paradoxical response to IL-2 treatment





# High-dose Bolus rIL-2 Regimen

- IL-2 600,000 IU/kg every 8 hours by 15-minute IV infusion for a maximum of 14 doses
- 9-16 day rest period
- Repeat schedule for another 14 doses
- Maximum 28 doses per course of therapy
- No dose reductions are performed during high-dose IL-2 therapy
- Excessive toxicity treated by withholding dose or discontinuing treatment for that cycle

# Patient Selection for IL-2 Treatment

- ECOG performance status 0 or 1
- Adequate pulmonary function
  - FEV1 and FVC  $\geq$ 75% of predicted
  - No evidence of symptomatic pulmonary disease
- Normal cardiac function
  - For patients >50 years of age or with ischemic symptoms, consider stress thallium or other stress tests
- Adequate renal function
  - Creatinine levels should be  $\leq$ 1.6 mg/dL

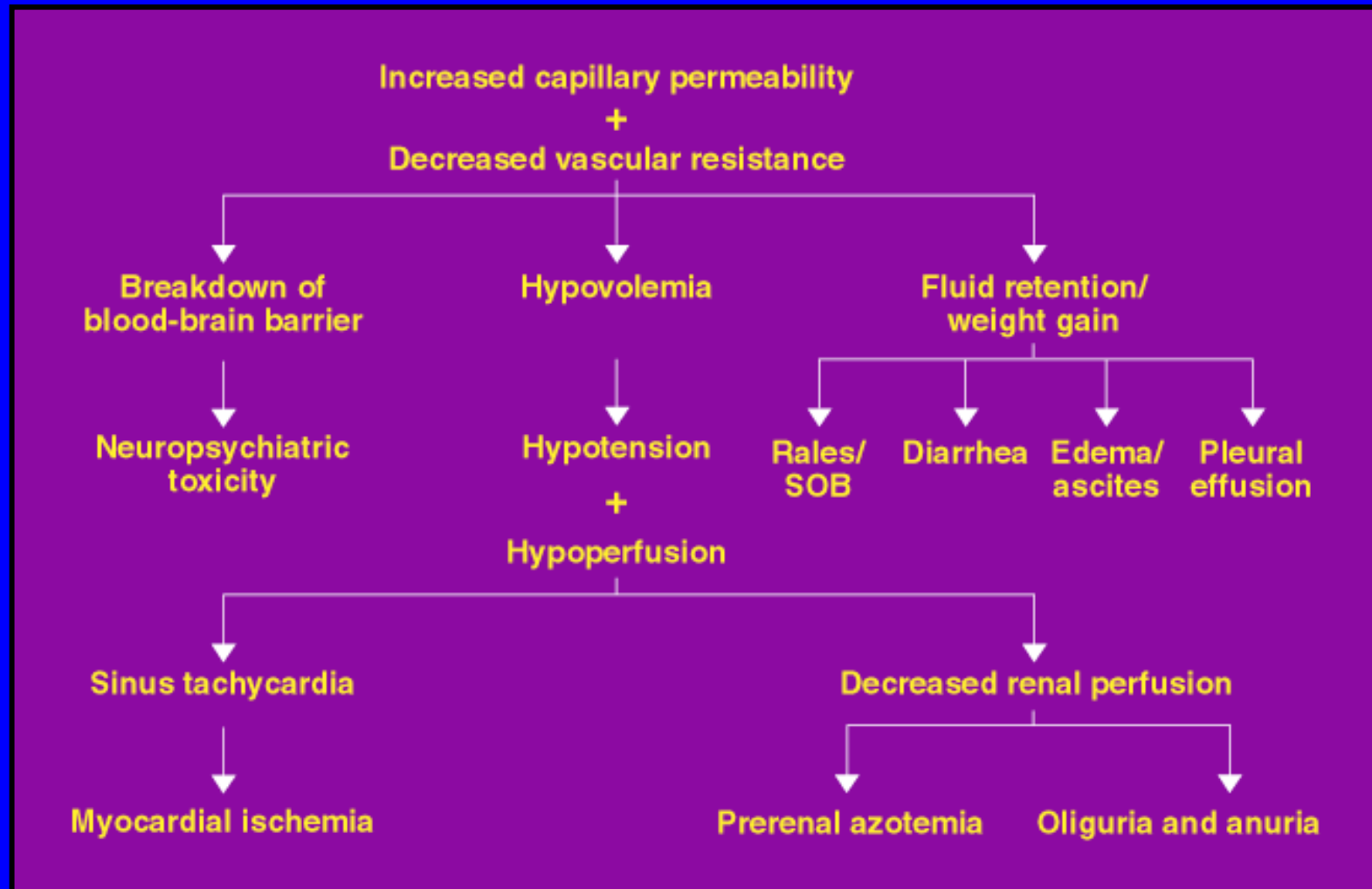
# Patient Selection (cont)

- Adequate hepatic function
  - Bilirubin  $\leq$  2.0 g/dL
  - SGOT  $<3 \cdot$  ULN, unless due to liver metastases
- Adequate hematologic function
  - ANC  $\geq$  1500/mm<sup>3</sup>
  - Platelets  $>100,000$
  - Hemoglobin  $\geq$  9.0 gm/100 mL
- No CNS metastases (unless adequately treated)
  - MRI brain within one month
- No corticosteroids

# IL-2 Toxicity

- Most side effects are preventable
- Nearly all side effects are reversible
- All side effects can be managed by qualified physicians and nurses
- Management begins with pre-treatment screening

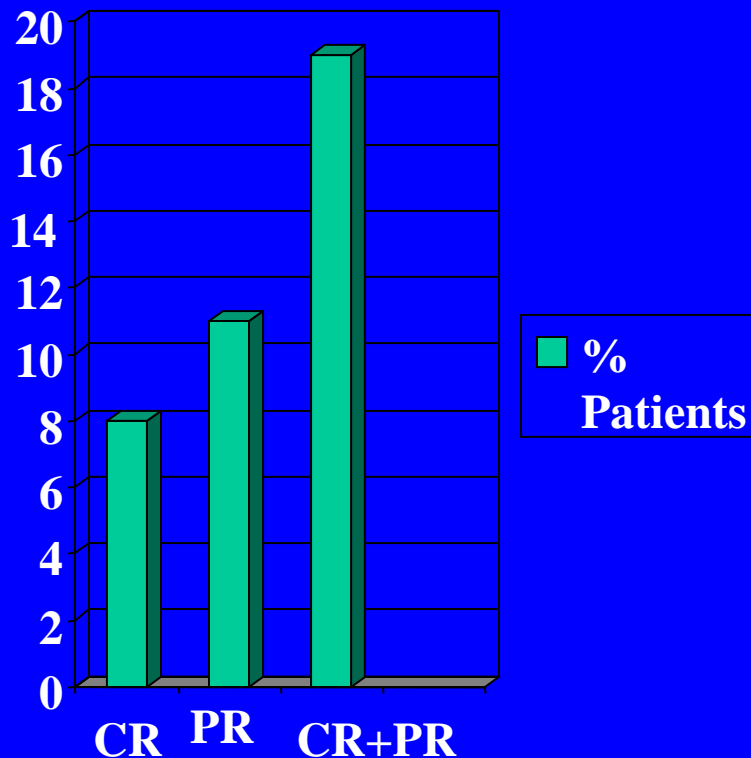
# Vascular Leak Syndrome



# Pivotal High Dose IL-2 Trials: The NCI Experience

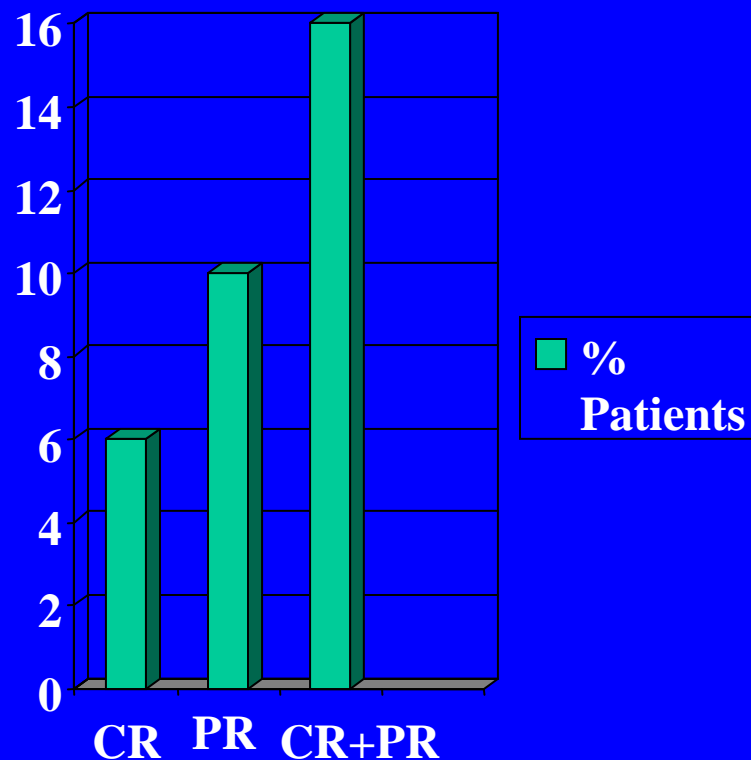
	<u>N</u>	<u>No. of Patients (%)</u>	
		<u>CR</u>	<u>PR</u>
Melanoma	182	12(6.6)	15(8.2)
Renal Cell	227	21(9.3)	22(9.7)
Total	409	33(8.1)	37(9.0)

# High-dose IL-2 for Renal Cell Carcinoma



- 115 patients
- Renal cell carcinoma
- 720,000 IU/kg (147)
- Median follow-up 52 months
- No mortality

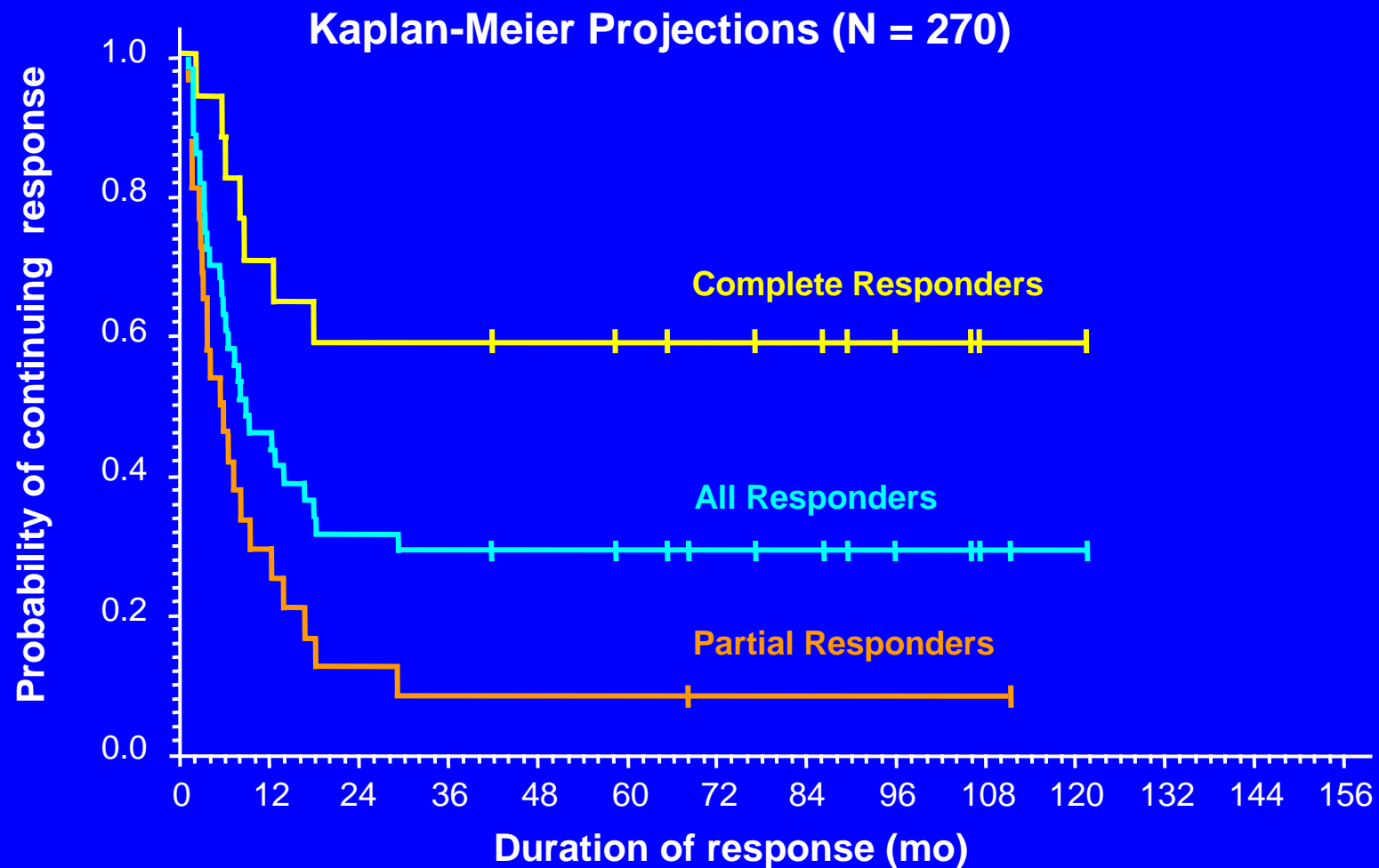
# High-dose IL-2 for Melanoma



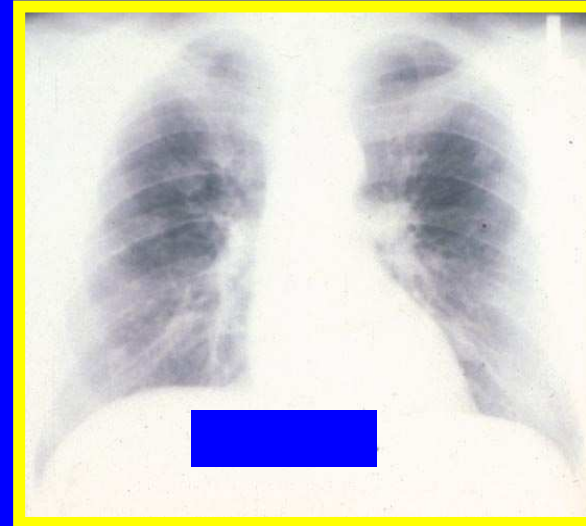
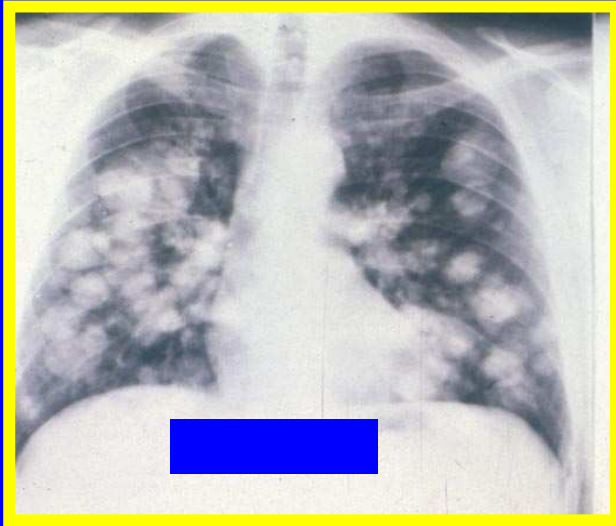
- 270 patients, 1985-93
- Melanoma
- 600,000 IU/kg (118)
- 720,000 IU/kg (147)
- 6 (2.2%) mortality
  - 5/6 had ECOG PS 1
  - Bacterial sepsis in all 6
  - No prophylactic antibiotics
  - No deaths after 1990



# High-dose IL-2 induces durable objective clinical responses in 15-20%



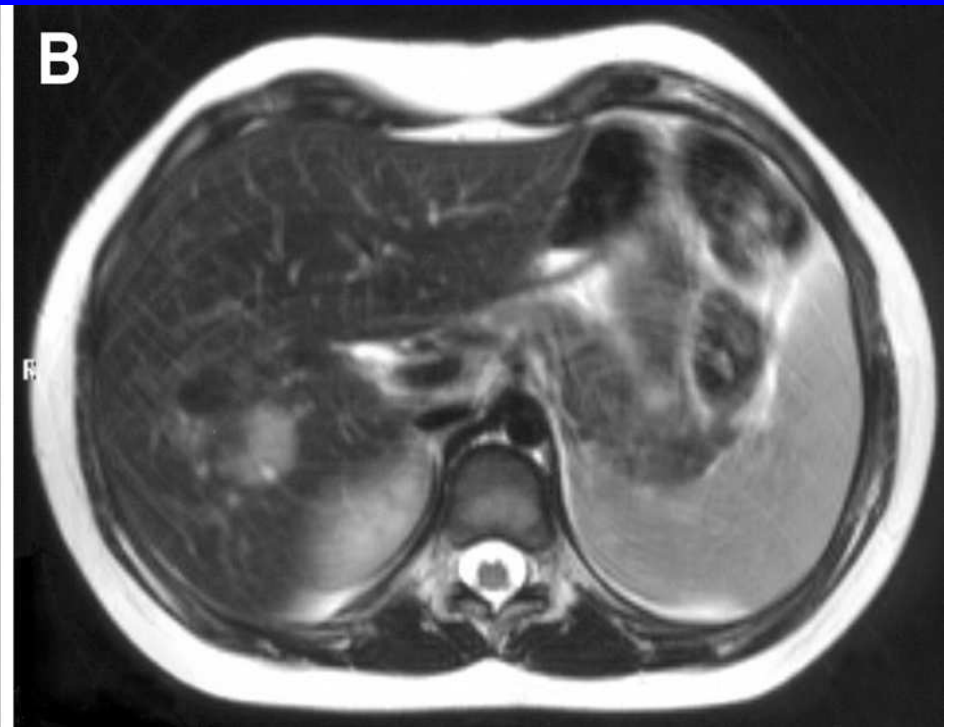
# Case Example of Melanoma Patient Treated With High-Dose IL-2



# Case Study: 8 year old girl with melanoma spread to the liver

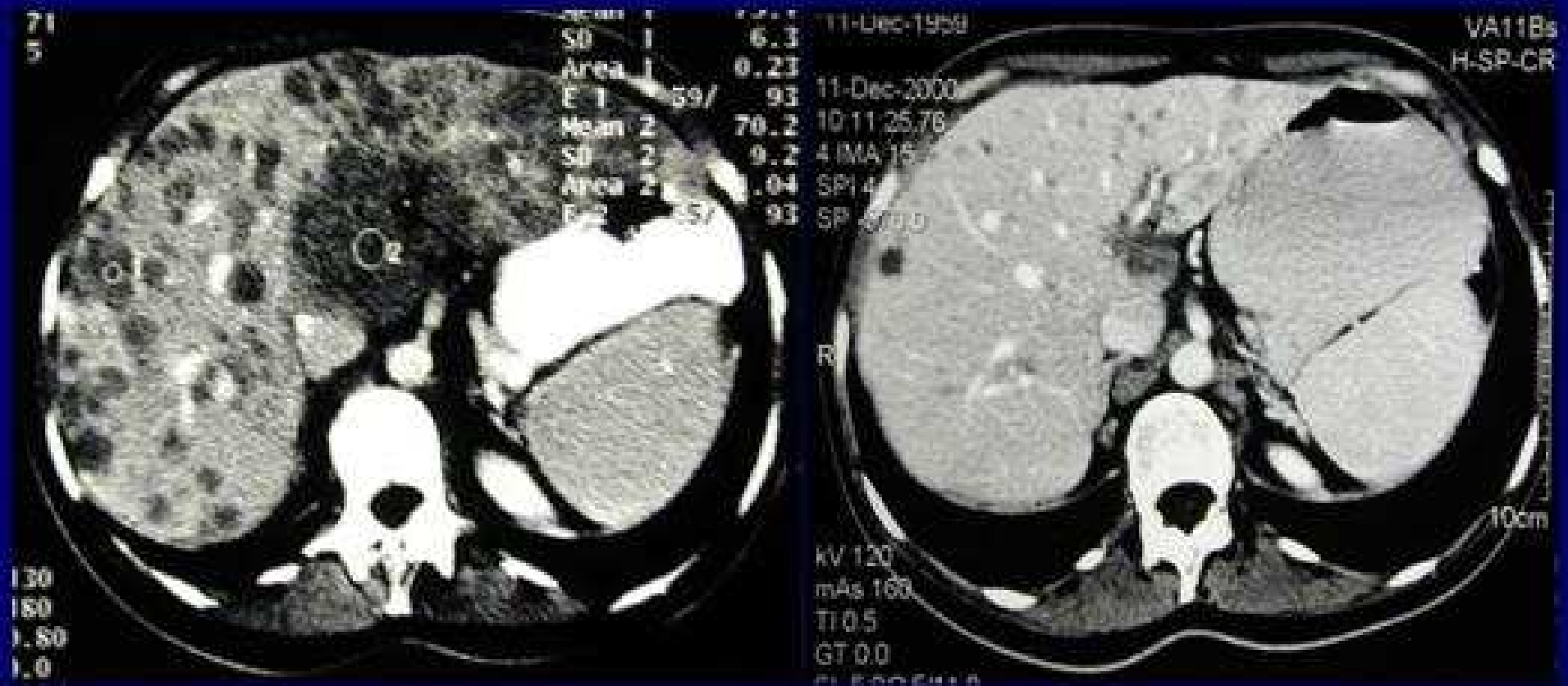


Before Treatment

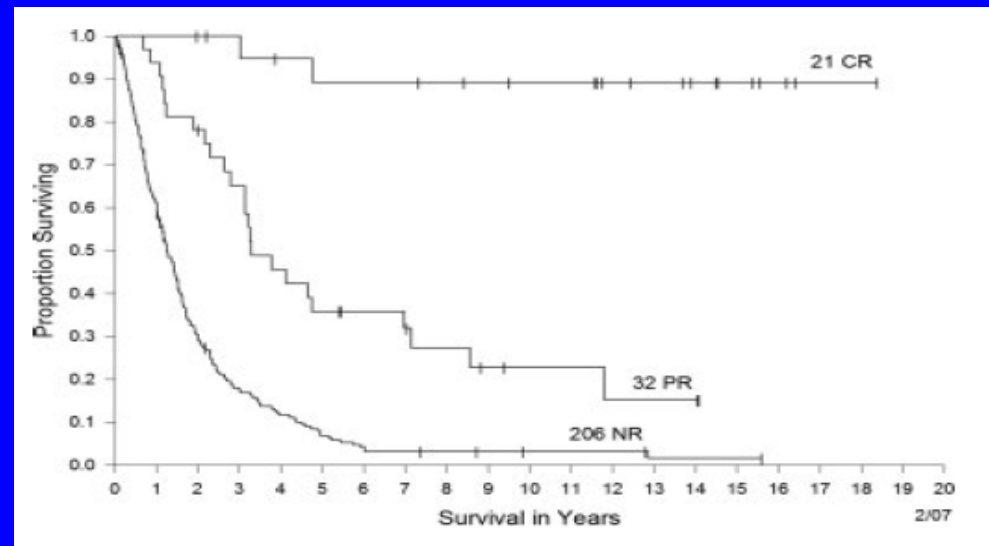
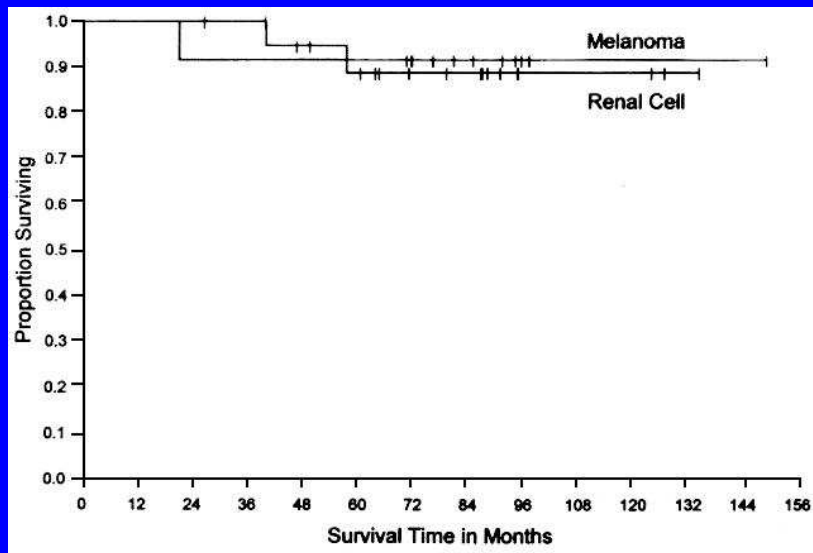


After Treatment

# High-dose IL-2 after No Response on Biochemotherapy

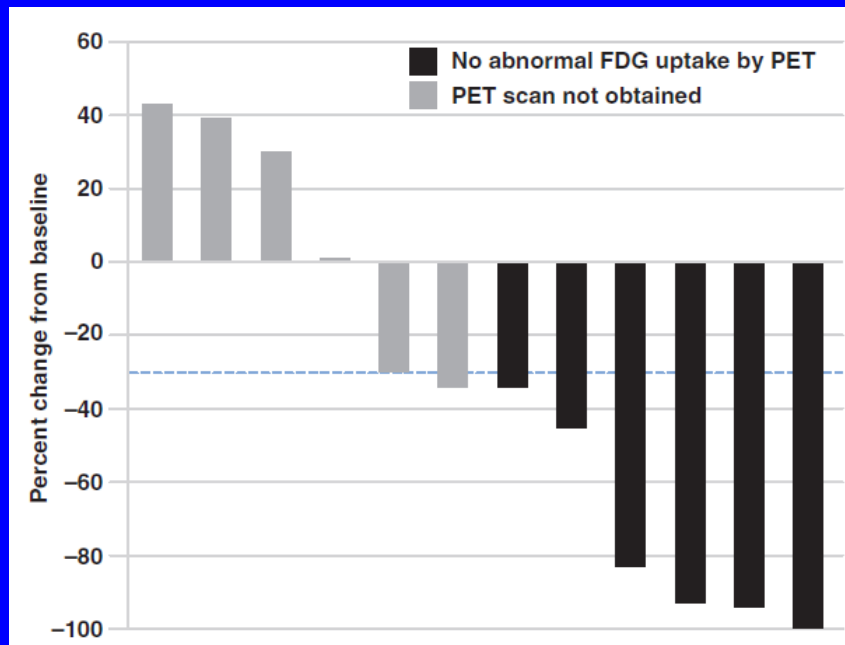


# High-dose IL-2 promotes durable disease free survival in responders

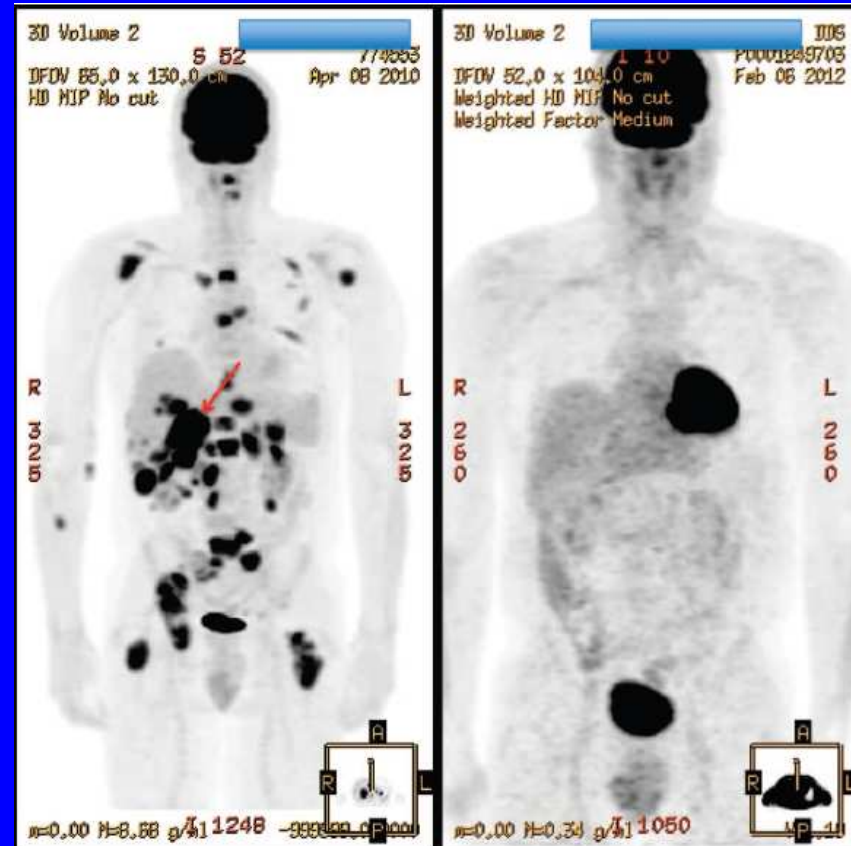


Rosenberg et al. Ann Surg 1998  
Klapper et al. Cancer 2008

# IL-2 and radiation therapy: Abscopal effect?



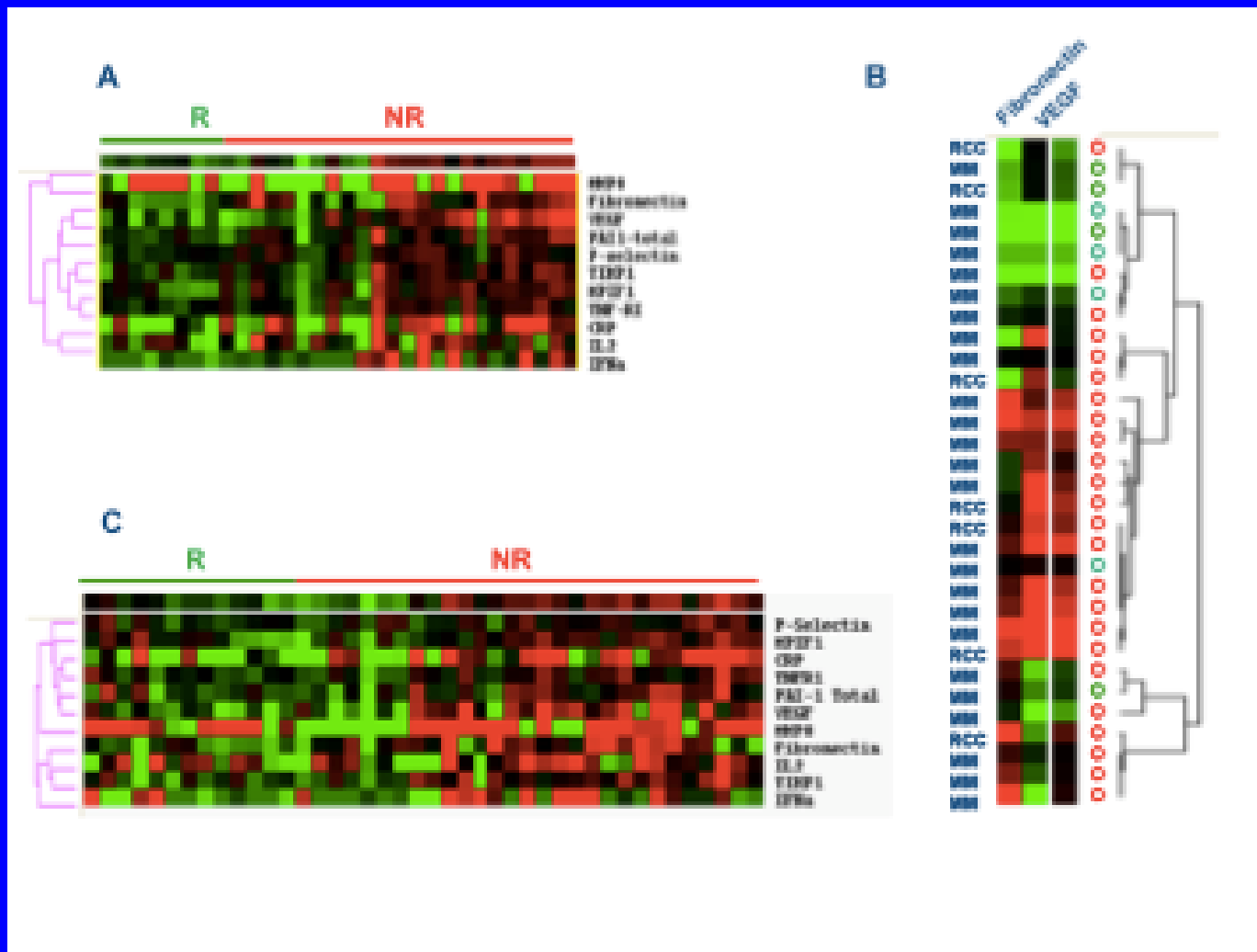
66% objective response rate



# What correlates with response to IL-2 treatment?

- Performance status
- Development of autoimmunity
  - Autoimmune thyroiditis
  - Vitiligo
- Amount of IL-2 given during first course
- Height of the rebound lymphocytosis
- CA IX (in renal cell carcinoma)?
- Pre-treatment VEGF/fibronectin levels?

# Biomarkers of IL-2 response: Proteomic analysis



A Validation set

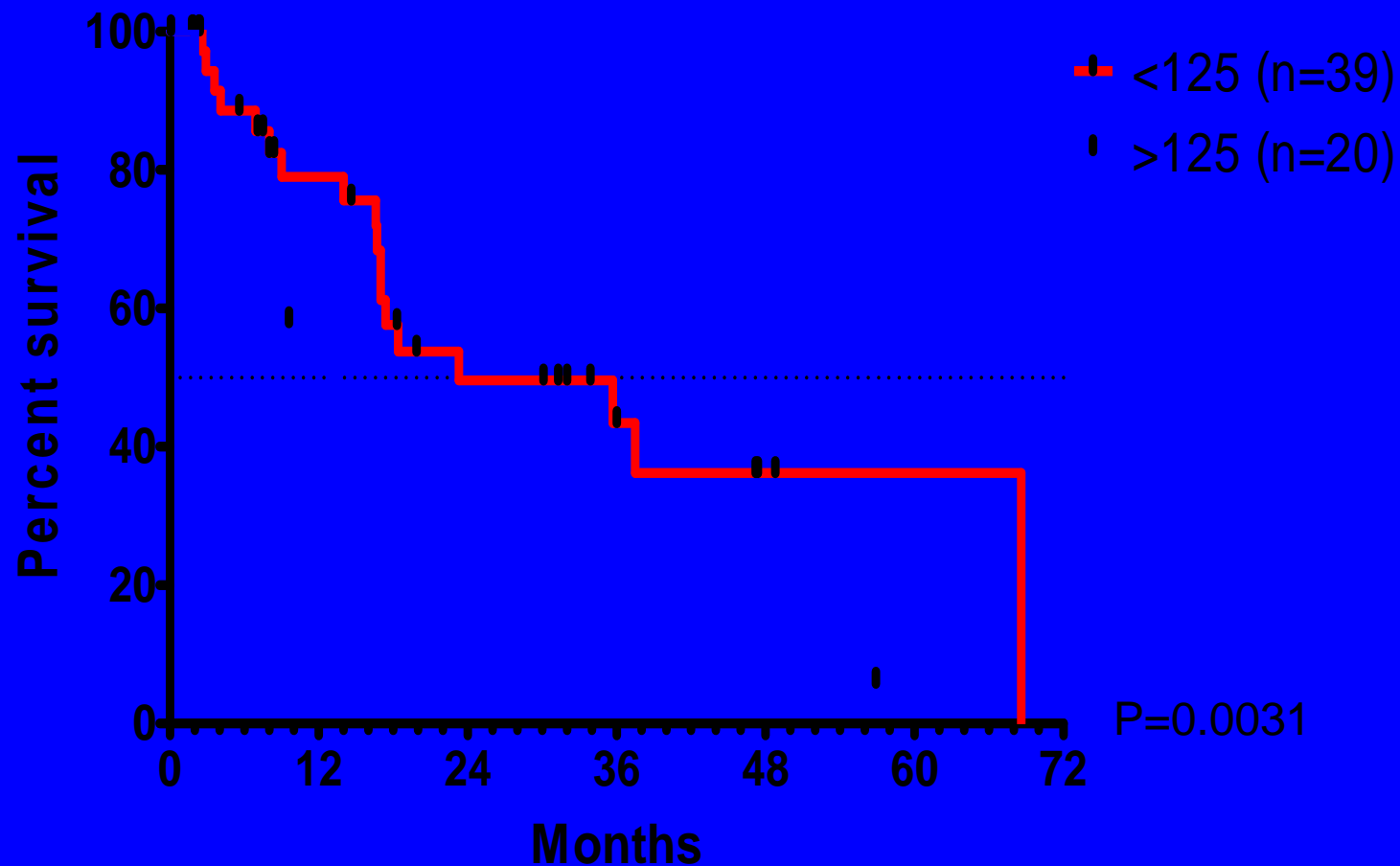
B VEGF and  
Fibronectin map

C Training and  
Validation set

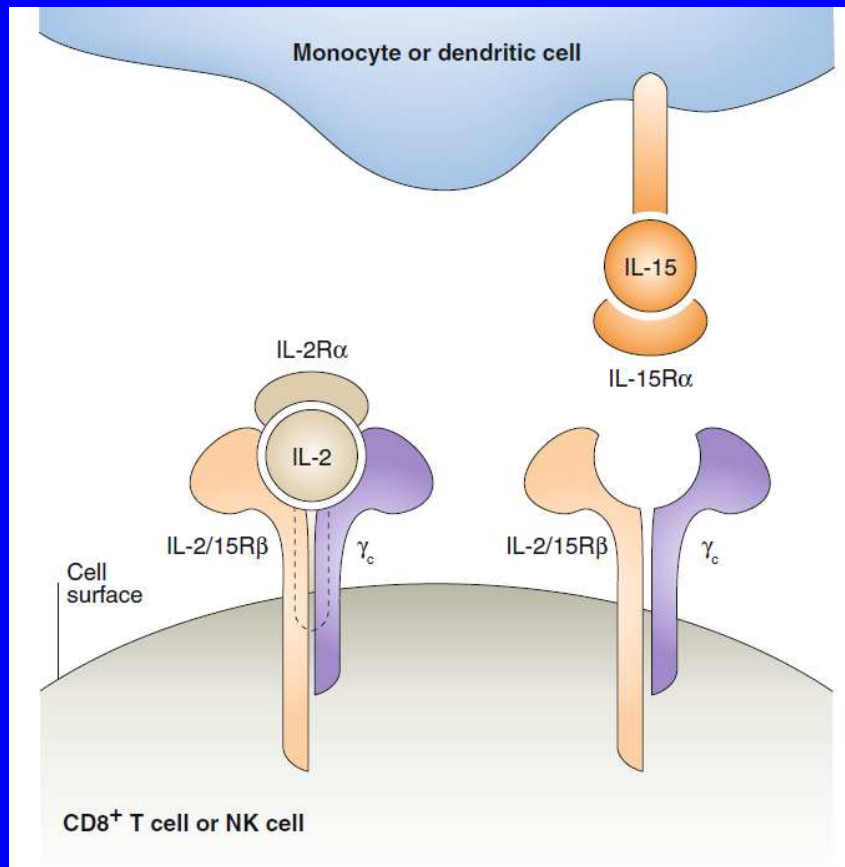


# VEGF predicts survival following IL-2 treatment

## Survival, by VEGF group



# IL-15 Signaling



- Unique  $\gamma_c$  cytokine that complexes with receptor from cell of origin, then signals target cell
- With IL-2 and IL-7 in  $\gamma_c$  cytokine family promoting T cell growth and differentiation but may not expand Tregs
- Clinical trials starting

# Comparing IL-2 and IL-15

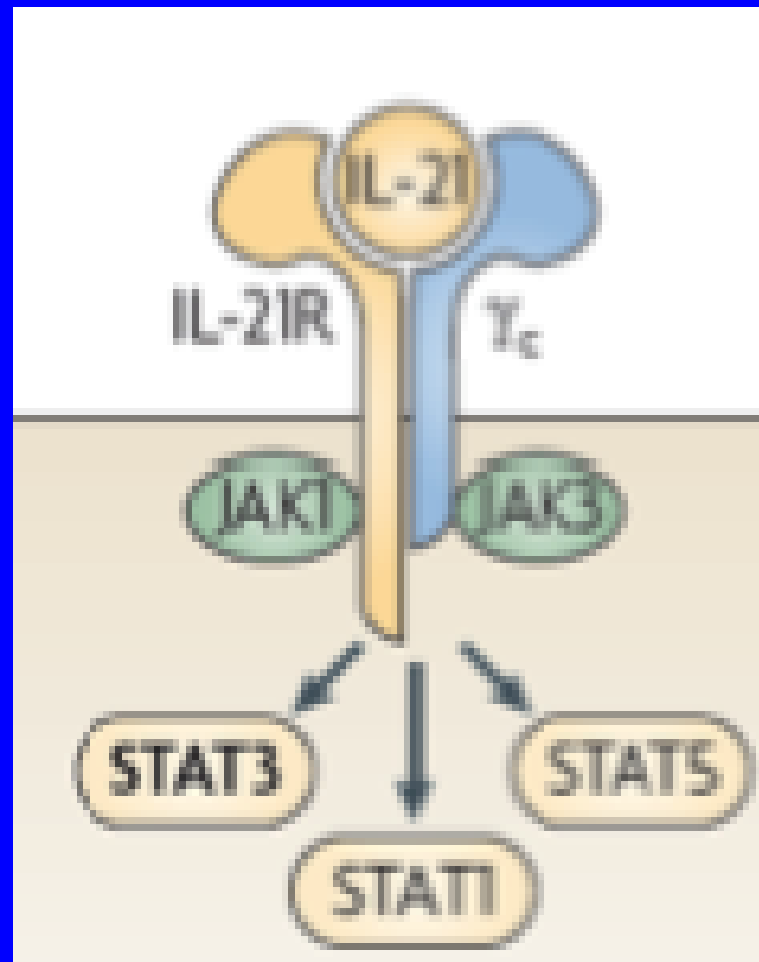
- IL-2

- Activated T, B express high-affinity receptor
- Prolif/differentiation of NK, T, and B cells
- Promotes activation-induced cell death
- Maintenance of Treg
- -/- KO develops autoimmunity

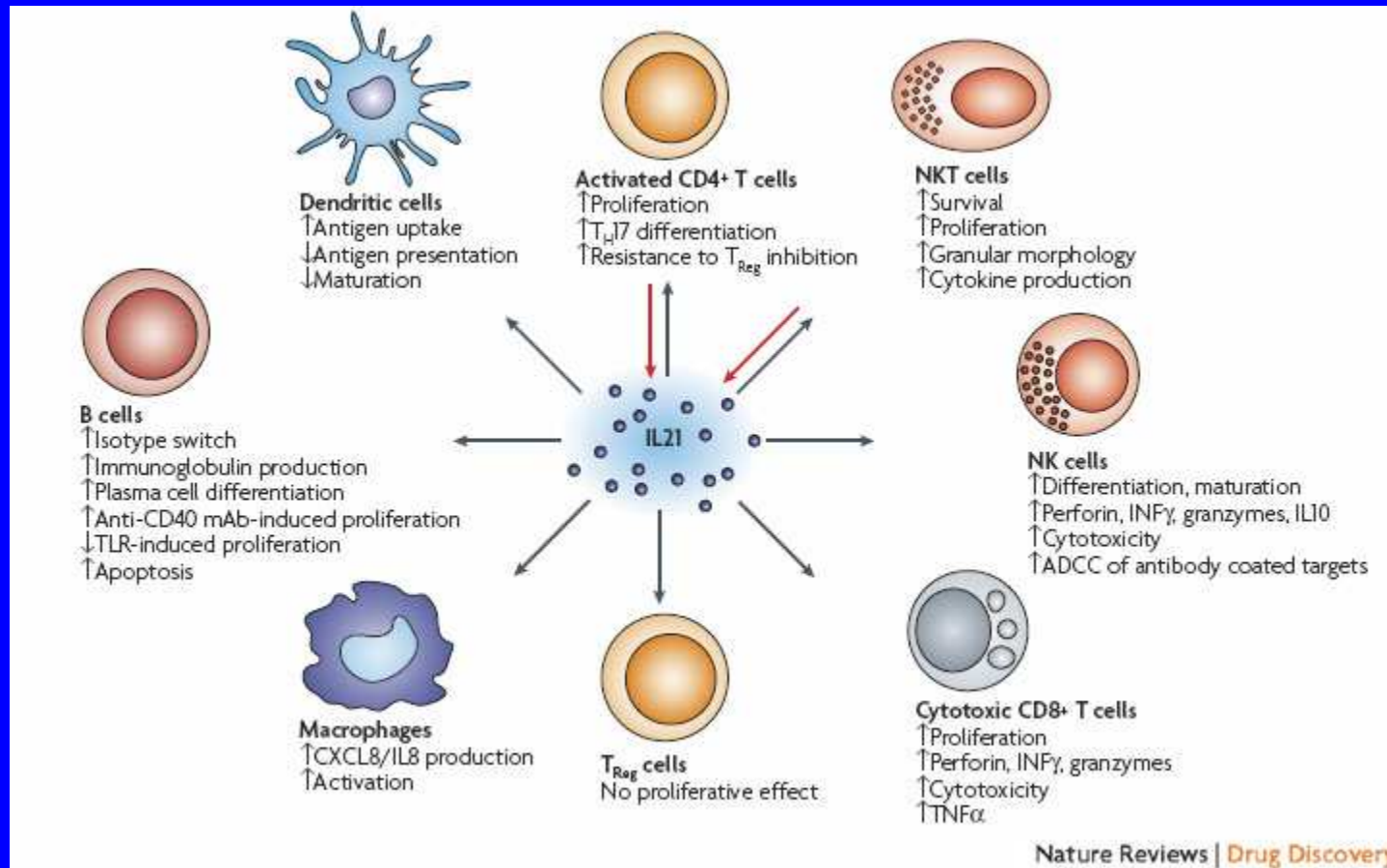
- IL-15

- Produced by DC, monos
- Surface-bound on DC/mono receptors on NK, CD8a1 T cells
- Promotes proliferation NK, T, B, and memory CD8 T cells
- Inhibits AICD
- Does not support Treg
- -/- KO is lymphopenic

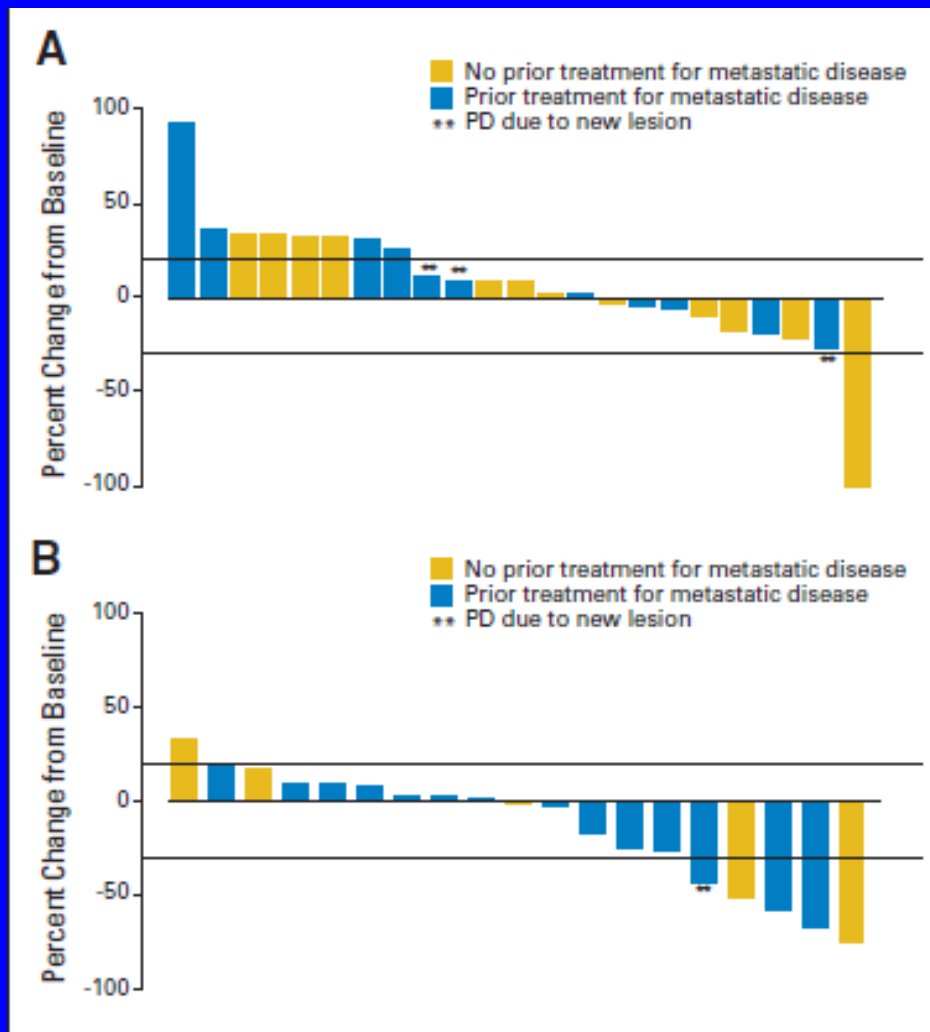
# Interleukin-21



# IL-21



# Phase I IL-21 clinical trial



Melanoma

Renal cell carcinoma

# IL-4

- Pleomorphic Th2 cytokine
- Net effects depend on milieu
  - Mainly a B cell-stimulator
  - Inhibits non-specific NK activity
  - Enhances other adaptive immune functions
    - Growth factor for Th2
    - Promotes proliferation, cytotoxicity of CTL
    - Stimulates MHC class II expression
    - Contributes to DC maturation
    - Enhances m $\Phi$  tumorcidal activity

# IL-4

- Promising preclinical data, especially transgenic secretion by tumor
- Clinical experience limited
  - Studied like IL-2 at MTD
  - Unfavorable therapeutic index
- Used routinely to elicit i-moDC from PBMC
  - Used *ex vivo* w/GM-CSF
  - Shares some structure, function with IL-13



# IL-4 and IL-13

- Similarities
  - Predominantly anti-inflammatory effects
  - Favor Th<sub>2</sub> responses
  - Partially common receptor
  - Promotes Ig class switch
  - Used w/ GM-CSF moDCs
- Differences
  - IL-13 activity on monocyte/mΦ cells
  - IL-13 lacks B, T cell effects
  - IL-13 receptors on tumor cells, especially glioma
    - Immunotoxins
    - Chimeric T cell Ag receptor

# IL-7

Signaling/gene expression

JAK 1,3 STAT 5

PI3K mTOR activation

Regulation contrasts with IL-2, IL-15

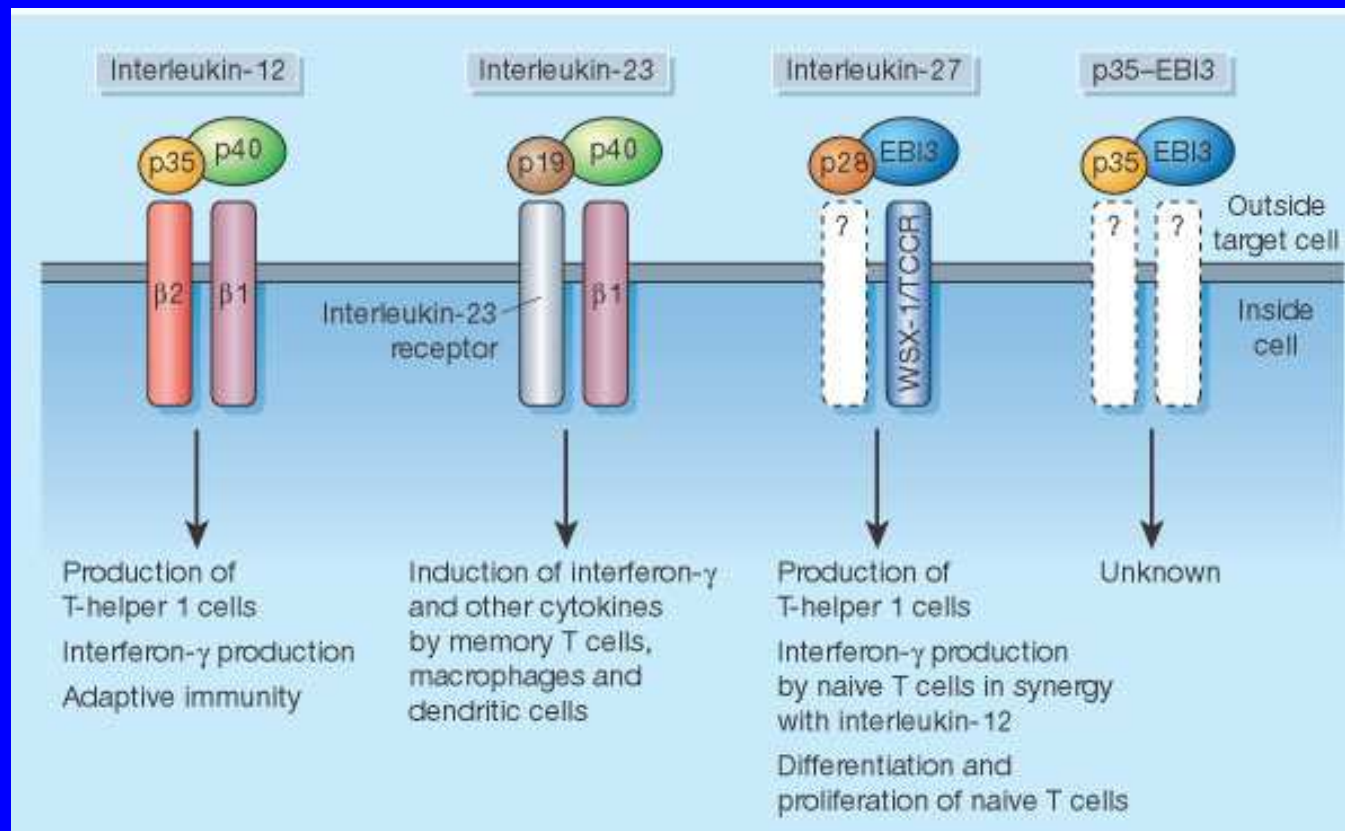
Unique to IL-7 is receptor downregulation

IL-7 accumulates during lymphopenia due to utilization

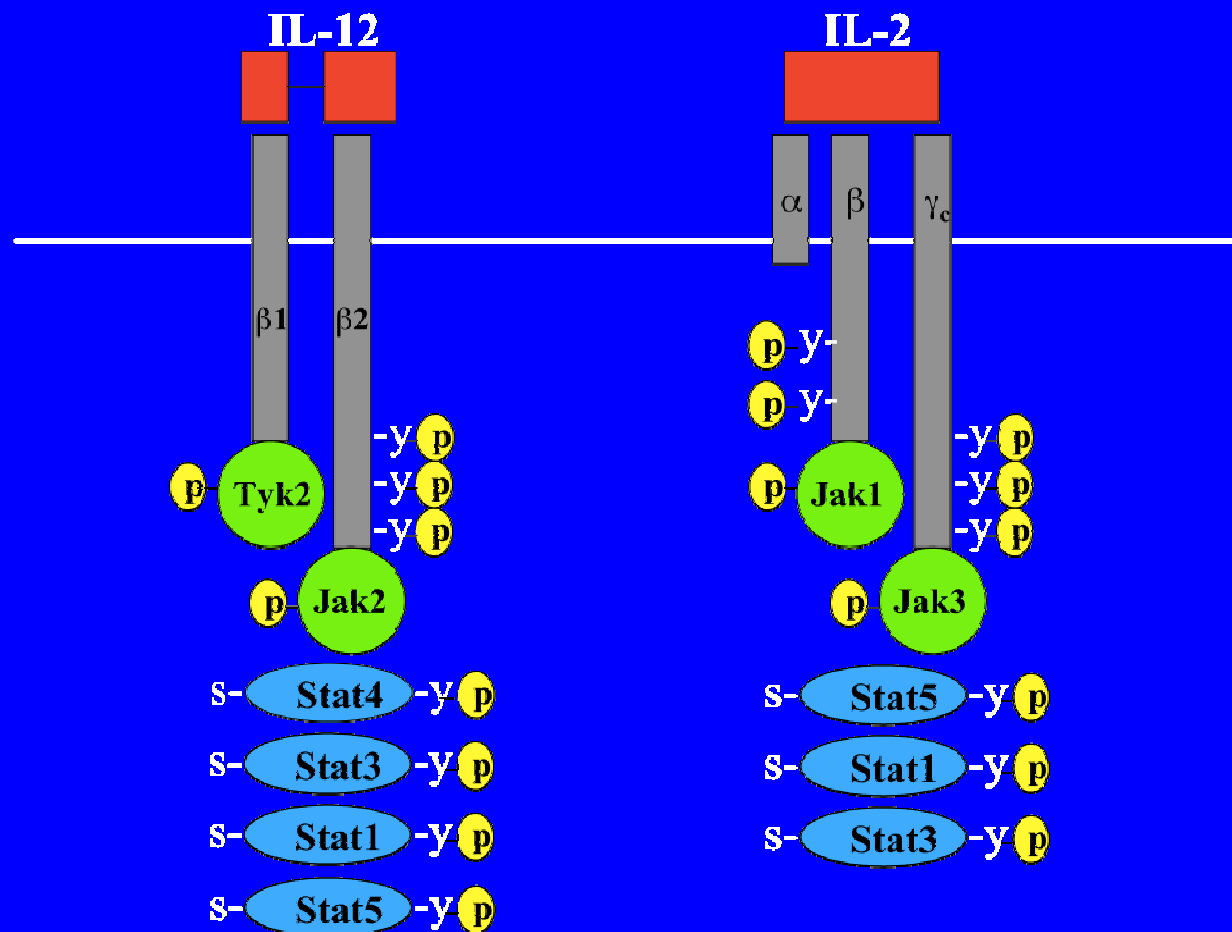
Mediates homeostatic expansion of naïve cells during lymphopenia

May have clinical potential, possibly with IL-15, IL-21)

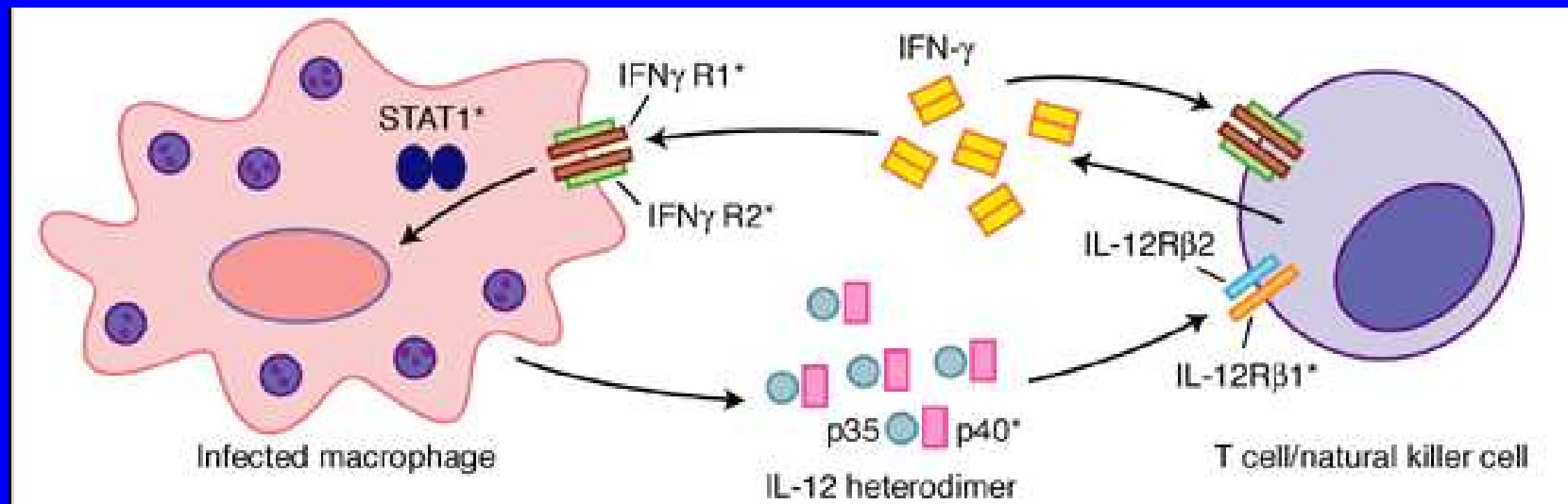
# IL-12 Cytokine Family



# IL-2 vs. IL-12 Signaling



# IL-12 links innate and adaptive immune responses



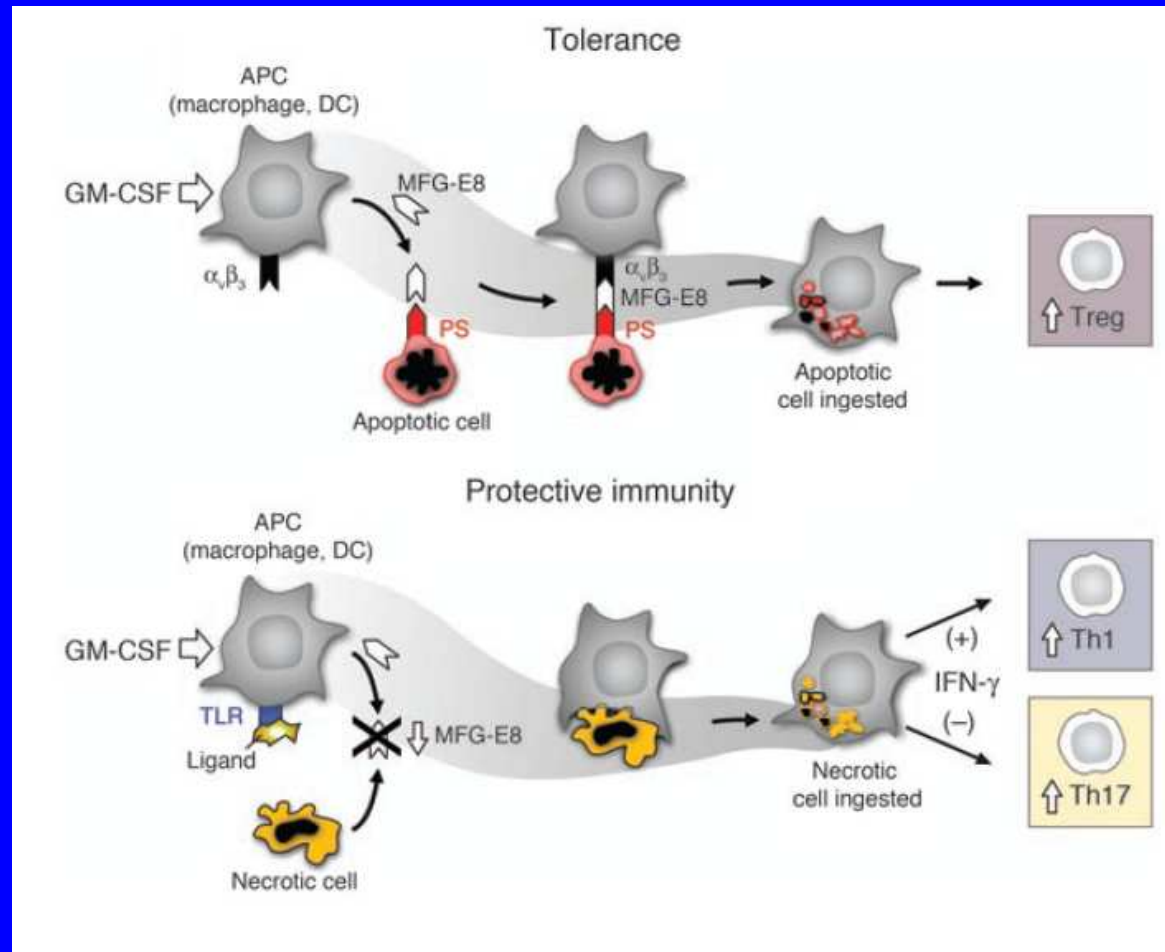
# IL-12

- Link between innate, adaptive immune response
  - Receptors on variety of immune cells
  - Induces IFN- $\gamma$ , a prototypical type I cytokine
- Potent inducer of counterregulatory type 2 cytokines
  - Emerged in clinical trials for advanced malignancy
  - Schedules and doses may be manipulated
- Clinical potential
  - Vaccine adjuvant
  - Induction of anti-angiogenesis
  - In combinations e.g. w/  $\gamma$ -IFN, IL-2?

# GM-CSF

- Cells of origin
  - Th1, Th2
  - Others include epithelial, fibroblast, *tumor*
- Target cell: immature DC (& myeloid progenitor)
- Biological functions
  - Stimulation of T cell immunity via effect on APC
  - Myeloid cell proliferation, differentiation
- Clinical development
  - Hematopoietic support
  - Not a potent stand-alone cytokine in cancer
  - Adjuvant for melanoma: (-) results +/- peptide vaccine
  - Immunocytokine in prostate cancer DC product
  - Transgenic expression (GVAX) [and other cytokines]

# Mechanism of GM-CSF anti-tumor activity?





# Non-immune potentiating cytokines

- IL-6
- IL-10
- IL-17??
- TGF- $\beta$
- VEGF

# Conclusions

- Immune-potentiating cytokines have shown clinical benefit in patients with cancer
  - IL-2
  - Interferon- $\alpha$
- The mechanism of cytokine-mediated tumor regression is unclear
- Several cytokines are in clinical development
- Combination studies are in progress
  - Cytokines and immunotherapy (e.g. anti-CTLA-4, PD-1)
  - Cytokines and targeted therapy (e.g. BRAF inhibitors)
  - Cytokines and radiation (e.g. abscopal effect)
- Predictive biomarkers are in development
  - Autoimmunity
  - VEGF